

# Riverside Area PGY1 Residency Program

## Meet the Residents...

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### **Melanie Ghosn, Pharm.D.**

PGY1 Pharmacy Practice Resident

#### **Who are you?**

Hello! My name is Melanie and I am a first-generation college graduate. I am so thankful to be where I am today because I am a product of Lebanese war refugees who came to this country to start a new life. I grew up in San Diego, California and feel grateful to have had the opportunities that were not available to my ancestors. I found my passion in health care by being the primary care giver at home and seeing the dire need for exceptional health care. I fought side by side with my loved ones through health hardships and witnessed the gaps in care. I saw the effects of inappropriate medications take a toll on various people in my life and knew that I wanted to become the medication expert as a result. I developed my passion to become the best pharmacist that I can be, one who will optimize medication regimens and mitigate drug adverse effects and much more. I graduated from SDSU with my bachelors in biology and minor in anthropology and graduated pharmacy school from UCSD-Skaggs School of Pharmacy. Throughout these years, I have been actively involved in opportunities related to both pharmacy and non-pharmacy that have shaped me into the person that I am today.

#### **What are some of your interests?**

I love outdoor activities such as hiking and biking or catching the sunset at the beach. I enjoy baking, writing poetry, and watching movies or Turkish shows with my family. It's not about what you do, it's about who you are doing it with! I am all about spending quality time with family and friends (whenever I have free time).

#### **When should I start working on my application?**

I started to work on my application during the end of my first APPE rotation because that was when I felt a strong interest to apply for residency. At that time, I worked alongside the most incredible, clinical pharmacists at UCSD's Owen Clinic who made life changing interventions and I knew I wanted to be just like them one day.

#### **Why did you pick residency and why Riverside?**

While pharmacy school offers a crucially important curriculum, I knew that I wanted to apply what I learned in the real world and exponentially develop my clinical, leadership, and interprofessional skills. After I repeatedly observed and helped implement individualized therapeutic regimens as a student, I wanted to continue optimizing patient care as a resident where I can build upon the knowledge that I have. I aim to aid in patient health outcomes, adherence, and satisfaction while providing affordable care.

Kaiser Permanente Riverside's PGY-1 Pharmacy Residency Program has the most supportive team of pharmacists and preceptors who really invest in the development of their own residents. In addition to being a versatile program that offers a wide range of experiences that can be catered to your interests, the core values strongly align with my own. I cannot wait to learn and grow as an individual and clinical pharmacist.

#### **How can I reach you?**

[Melanie.R.Ghosn@kp.org](mailto:Melanie.R.Ghosn@kp.org)

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### **Andrew Tran, Pharm.D.**

PGY1 Pharmacy Practice Resident

#### **Who are you?**

Hello, my name is Andrew Hung Tran. I was raised in Orange County, California all my life. Growing up, I dedicated my journey to my mother and sister, who have been my purpose to succeed in my endeavors. I graduated from Troy High School in 2011 and then went to community college in Fullerton, in which I then transferred to UCR. During my time as a college student, I became involved with a multitude of healthcare organizations. This led to my passion in pharmacy and eventual acceptance to KGI School of Pharmacy and Health Sciences. During my time in pharmacy school, I began to shape my aspiration and goals in becoming a clinical pharmacist. At the time, I had the pleasure of working as an intern at Kaiser Permanente Orange County, and now as a Kaiser Permanente resident in Riverside. With this new opportunity, I hope to continue to strengthen and build upon my experiences as a clinical pharmacist.

#### **What are some of your interests?**

Some of my personal interests include training MMA (mostly jiu-jitsu), skateboarding, basketball, collecting Pokemon cards and action figures, and bowling!

#### **When should I start working on my application?**

I started working on my application during the 1st block of my APPE rotations, little by little. I was concerned about pushing the application further and creating stress for myself while I was on my experiential and clinical rotations. The goal was to continually update my CV and stay on top of my interventions so I would have quality interactions and experiences to talk about in my application and interviews. This paid off as application dates came closer as I was prepared submit by then.

#### **Why did you pick residency and why Riverside?**

As I ventured through my years as a pharmacy student, I realized that the education alone would not be enough to build upon my clinical acuity and experiences. I felt I required additional training and mentorship to grow and become sufficient to practice safely and accurately. I selected Kaiser Permanente Riverside primarily due to the ambience and goals the program presented during open-house and interviews. The program preceptors are very passionate, and they have caring characteristics, which drew towards my own personality as an empathetic individual. Overall, Kaiser Permanente Riverside provides opportunities that really cater to the development in the inpatient and outpatient environment. These were all important factors that contributed into my selection of the residency program!

#### **How can I reach you?**

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