

About Kaiser Permanente

Celebrating its 75th anniversary in 2020, Kaiser Permanente is America's leading nonprofit integrated health plan, serving approximately 12.6 million people in eight states and the District of Columbia. Thanks to the dedication of our 217,000 employees and physicians, in 2020 we filled over 93 million prescriptions, performed 2.3 million colorectal cancer screenings and have produced over 1,900 publications. We also cared for nearly 600,000 patients with COVID-19 and expanded virtual care by scheduling 6.9 million video visits.

Kaiser Permanente operates under a group-model integrated care organization in which it owns and operates its own facilities. This provides pharmacists a unique opportunity to be involved in many aspects of integrated health care delivery, from assisting clinicians in medication choices to providing direct patient care. In the South Sacramento Pharmacy Department, we pride ourselves on providing world class pharmaceutical care to all our members.

Kaiser Permanente is an organization that continually works to elevate the state of health care with progressive products, services, and advancements. Our vision of the future remains focused on improving the health of our members and the communities we serve.

About Kaiser Permanente South Sacramento

The South Sacramento (SSC) service area, which consists of one medical center in South Sacramento, as well as medical offices in South Sacramento and Elk Grove, serves about 232,000 members and a diverse patient population. The South Sacramento Medical Center is also a designated Level II Trauma Center in Sacramento County – one of only two trauma centers within Kaiser Permanente Northern California.

The South Sacramento Service Area offers a wide range of medical services including internal medicine, pediatrics, gastroenterology, hematology-oncology, rheumatology, nephrology, cardiology, psychiatry, neurology, infectious diseases, bariatric surgery, orthopedic surgery, robotic surgery, and Hispanic clinics.



*Current Residents: Amritvir Srai, PharmD
James Alexander Lugtu, PharmD*

Pharmacy Services South Sacramento

The pharmacy department in the SSC service area strives to provide world-class pharmaceutical care in a professional and supportive environment. The pharmacy department has a commitment to teaching interns, students, and residents through its outpatient, inpatient, and ambulatory clinical services.

The SSC service area currently has five outpatient pharmacies, including two pharmacies located in Elk Grove. One of the pharmacies located in the main hospital building is open 24 hours, allowing for around the clock patient care.

Inpatient services are provided 24/7 and incorporate advanced technology for optimized care of hospitalized members. This includes the use of bedside bar coding, automated Pyxis machines, and an up-to-date electronic medical records system for maximum safety and efficiency.

Drug Use Management Experience

Pharmacy residents will work with the Drug Education Coordinators on formulary and drug utilization management. The resident will gain exposure to educating physicians, while using evidence-based medicine to influence prescribing habits through printed materials, email, and presentations.

Hospital Experience

The pharmacy resident will collaborate with physicians, nurses, and other health care professionals to ensure appropriate patient drug therapy and monitoring. Residents will also precept pharmacy students, attend Pharmacy and Therapeutics and Medication Safety committee meetings, and counsel patients on discharge medications. By the end of the experience the resident should be able to design patient-specific and evidence-based therapeutic regimens.

Hospital Learning Experiences

- Inpatient Pharmacy Practice
- Internal Medicine
- Infectious Disease
- Critical Care/Trauma
- Advanced Critical Care
- Inpatient Pharmacy Staffing

Community Experience

In the interactive outpatient setting, pharmacy residents will develop experience in dispensing medications in accordance with state and federal pharmacy law. Outpatient services include medication dispensing, patient counseling, and formulary management.

Ambulatory Care Experience

The pharmacy resident will provide a variety of ambulatory services to a health plan population in a managed care setting. The resident will have an opportunity to practice as a clinical pharmacist specialist managing high risk patients in a case management format. The resident will be trained on an innovative computer system and case management.

Ambulatory Care Pharmacy Services

- | | |
|---|---------------------------------------|
| • Cardiovascular risk reduction (@Goal) | • Chronic Pain Management |
| • HIV | • Hospice |
| • Psychiatry | • Pharmacy Continuum (Regional) |
| • Oncology | • Medication Therapy Management (MTM) |
| • Geographic Managed Care (GMC) | |

Requirements

- Graduate of an ACPE accredited (or ACPE candidate status) school of pharmacy
- Intern pharmacist license in the state of CA by start of program
- Registration in the National Matching Services, Inc. (NMS) ASHP Resident Matching Program and participation in PhORCAS

Application Materials for Submission

- A Letter of Intent
- Curriculum Vitae
- Three letters of recommendation using the Standardized Reference form available in PhORCAS
- Official college transcript(s) provided via PhORCAS
- Supplemental writing prompt

Program Code

- NMS: **176513**
- ASHP: **92020**

For more information please contact:

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About Sacramento

Sacramento is located 90 miles northeast of San Francisco, 65 miles northeast of the world-renowned wineries of the Napa Valley, 15 miles west of Folsom Lake and 100 miles southwest of the world class ski resorts of beautiful Lake Tahoe.

Sacramento, the state capital of California, is perhaps best known for its rich, gold rush history. The city of Sacramento, named by Time Magazine as the “most diverse city in the nation” features two large universities, a thriving riverfront area with harbor, professional sports teams, top restaurants, jazz nightspots, and impressive theaters.

Links to info about Sacramento:

<https://www.cityofsacramento.org/>

<https://www.saccounty.net/index.htm>

<https://www.visitsacramento.com/>



South Sacramento PGY-1 Pharmacy Residency Program





South Sacramento PGY1 Pharmacy Residency Program Residency Program Structure 2023 - 2024

Purpose Statement: PGY1 pharmacy residency programs build on Doctor of Pharmacy (PharmD) education and outcomes to contribute to the development of clinical pharmacists responsible for medication-related care of patients with a wide range of conditions, eligible for board certification, and eligible for postgraduate year two (PGY2) pharmacy residency training.

Kaiser Permanente South Sacramento PGY1 Residency Program's structure incorporates the ASHP required competency areas as follows:

- R1: Patient Care - Direct patient care learning experiences, Drug Utilization Management (DrUM), Pharmacy Practice & Staffing
- R2: Advancing Practice and Improving Patient Care – DrUM, Pharmacy Administration, Residency Project, Internal Medicine, Infectious Disease, Inpatient Pharmacy Practice, Cardiovascular Risk Reduction, Regional Pharmacy Continuum, Geographic Managed Care, Critical Care/Trauma, Advanced Critical Care, Oncology
- R3: Leadership and Management – Pharmacy Administration, Lead Resident Program, DrUM, Orientation, Internal Medicine, Cardiovascular Risk Reduction, Advanced Critical Care, Oncology
- R4: Teaching, Education, Dissemination of Knowledge - Direct patient care learning experiences, Precepting Skills, Residency Project, Lead Resident Program, DrUM

Kaiser Permanente (KP) South Sacramento (SSC) is in Sacramento, CA and is one of sixteen service areas within the larger KP Northern California region. The KP Northern California region is comprised of 268 medical offices, 21 hospitals, and serves over 4.6 million members. Our SSC medical center serves 233,000 members and is a 241-bed Level II trauma center and provides a wide range of outpatient services as well. The pharmacy department in the SSC service area strives to provide world-class pharmaceutical care in a professional and supportive environment. The pharmacy department has a commitment to teaching and training interns, students, and residents. Our outpatient pharmacies are supported by a high-tech automated drug refill pharmacy and a centralized call processing center, both located in Livermore, California. This allows our outpatient pharmacists to focus on performing clinical checking and patient counseling. The inpatient pharmacists work collaboratively with physicians and nurses to provide drug therapy recommendations, dosing per pharmacy protocol (includes anticoagulation, vancomycin and aminoglycosides, TPN dosing adjustments), medication therapy monitoring and patient education. Intensive care unit and infectious disease (ID) pharmacists round with the critical care and ID teams. Clinical pharmacists in ambulatory care work autonomously under collaborative practice protocols. Our ambulatory care pharmacy services include hospice, chronic pain management, cardiovascular risk reduction (Preventing Heart Attacks and Strokes Everyday (PHASE)/@Goal), medication therapy management (MTM), HIV, psychiatry, geographic managed care (GMC), and oncology.

The PGY-1 Residency program was established at KP SSC in 2008. The program offers twenty learning experiences based primarily at the SSC medical center with an elective offering at the KP Northern California regional offices located in Oakland and San Leandro. The learning experiences vary between longitudinal and block four- to six-week learning experiences, twelve of which are required for all residents to complete (8 block and 4 longitudinal), and eight elective learning experience options. Of the eight elective learning experience options, the resident pharmacist will select one ambulatory care learning experience and three elective experiences that may be acute or ambulatory care to complete their residency training within the medical center.

Required Learning Experiences	Length of experience*	Locations / Comments
		SSC- South Sacramento Hospital Campus SVC- South Valley Center Pharmacy Admin Office ELG- Elk Grove Medical Offices PMB – Promenade Medical Offices VP- Valley Point Office Suite
Orientation	3 weeks	SVC / Beginning of residency year
Outpatient Pharmacy Practice	4 weeks	ELG/ This experience fulfills the outpatient (OP) staffing requirements
Inpatient Pharmacy Practice	6 weeks	SSC
Acute Care 1 - Internal Medicine	4 weeks	SSC
Acute Care 2 – Infectious Disease (ID)	4 weeks	SSC
Pharmacy Administration	3 weeks	SSC, SVC / Resident may choose from OP, IP, or clinical operations administration
Drug Utilization Management (DrUM)	5 weeks	SVC / Resident will complete a medication use evaluation (MUE) during this experience.
Ambulatory Care 1 – Cardiovascular Risk Reduction (PHASE/@Goal)	20 days	VP / This longitudinal experience is scheduled as a 3-week initial block followed by weekly longitudinal days over 5 weeks.
Ambulatory Care 2 – Resident's Choice	4 weeks	Select from the ambulatory care electives below.
Elective 1 – Resident's Choice	4 weeks	Select from either the acute care or ambulatory care electives below.
Elective 2 – Resident's Choice	4 weeks	
Elective 3 – Resident's Choice	4 weeks	
Inpatient Pharmacy Staffing	Longitudinal x 9 months	Inpatient pharmacy staffing every other weekend (Saturday and Sunday) beginning after the first 12 weeks of the residency year.
Residency Project	Longitudinal x 12 months	Project days will be assigned weekly to bi-monthly to allow for successful project completion for this year-long longitudinal experience (a total of 16 hours per month provided for work on all projects). Residents must present at the Kaiser Permanente Consultative and Facilitative Services (CFS) conference, Western States Residency Conference and Kaiser Permanente Northern California Resident Research Day Poster Session (as scheduled) and complete a formal manuscript.
Precepting Skills	4 weeks	Will overlap concurrent with another learning experience. Resident will precept students on APPE rotation with mentorship from their residency preceptor. Residents will receive formal precepting instruction and will be evaluated by their assigned mentor preceptor.
Lead Resident Program	Longitudinal x 5 months	This longitudinal experience takes place in either the first or second half of the residency year. Project days will be assigned weekly to bi-monthly to allow for successful project (a total of 16 hours per month provided for work on all projects). It will teach and evaluate leadership skills.
Elective Learning Experiences	Length of experience*	Locations / Comments
Acute Care		
Critical Care/Trauma	4 weeks	SSC
Advanced Critical Care	4 weeks	SSC – Prerequisite of Critical Care/Trauma experience
Ambulatory Care		
Regional Pharmacy Continuum	4 weeks	Regional Offices – Oakland/San Leandro
Geographic Managed Care (GMC)	4 weeks	Arden Annex Office Building (Sacramento)
Human Immunodeficiency Virus (HIV)	4 weeks	SSC
Oncology	4 weeks	SSC
Psychiatry	4 weeks	SSC
Chronic Pain	4 weeks	SSC, SVC



Note: If an elective is desired in another specialty area, consideration will be given to the development of a requested elective dependent upon preceptor availability, support of the medical group providers, and pharmacy leadership. A learning experience description would be developed with the assistance of the resident. If the desired elective is in the same area of a learning experience already completed by the resident, the learning experience will be provided at a more advanced level under a new learning experience description and with different objectives/activities than the required learning experience that the resident completed.

Sample Resident Schedule

Week	Learning Experience	Longitudinal & Notes
1	Orientation	Residency Project begin x 12 months; 16 hours per month provided for all projects
2	Orientation	
3	Orientation	
4	Ambulatory Care 2 - GMC	
5	Ambulatory Care 2 - GMC	
6	Ambulatory Care 2 - GMC	
7	Ambulatory Care 2 - GMC	
8	Elective 1 - Continuum	
9	Elective 1 - Continuum	Lead Resident Program begin x 5 months; 16 hours per month provided for all projects
10	Elective 1 - Continuum	
11	Elective 1 - Continuum	
12	Elective 2 – HIV	
13	Elective 2 – HIV	Inpatient Pharmacy Staffing begin x9 months; every other weekend
14	Elective 2 – HIV	
15	Elective 2 – HIV	
16	Ambulatory Care 1 - @Goal	
17	Ambulatory Care 1 - @Goal	
18	Ambulatory Care 1 - @Goal	
19	CSHP Seminar	Attendance at CSHP annual meeting and residency showcase
20	Inpatient Pharmacy Practice	@Goal longitudinal day
21	Inpatient Pharmacy Practice	@Goal longitudinal day
22	Inpatient Pharmacy Practice	@Goal longitudinal day
23	Inpatient Pharmacy Practice + Precepting Skills	@Goal longitudinal day, begin Precepting Skills concurrent with Inpatient Pharmacy Practice x 4 weeks
24	Inpatient Pharmacy Practice + Precepting Skills	@Goal longitudinal day
25	Inpatient Pharmacy Practice + Precepting Skills	



26	Inpatient Pharmacy Practice + Precepting Skills	
27	Acute Care 1 - Internal Medicine	
28	Acute Care 1 - Internal Medicine	
29	Acute Care 1 - Internal Medicine	
30	Acute Care 1 - Internal Medicine	Last week of Lead Resident program
31	Acute Care 2 – Infectious Disease (ID)	
32	Acute Care 2 – ID	
33	Acute Care 2 – ID	
34	Acute Care 2 – ID	
35	Outpatient Pharmacy Practice	
36	Outpatient Pharmacy Practice	
37	Outpatient Pharmacy Practice	
38	Outpatient Pharmacy Practice	
39	Drug Utilization Management (DrUM)	
40	DrUM	
41	Consultation & Facilitation Services (CFS) dress rehearsal	CFS dress rehearsal for Western States Conference
42	DrUM	
43	DrUM	
44	DrUM	
45	Pharmacy Administration	
46	Pharmacy Administration	
47	Western States Conference	Resident Research Symposium
48	Pharmacy Administration	
49	Elective 3 - Critical Care/Trauma	
50	Elective 3 - Critical Care/Trauma	
51	Elective 3 - Critical Care/Trauma	
52	Elective 3 - Critical Care/Trauma	