

Woodland Hills Medical Center PGY1 Pharmacy Residency

Jumpstart your Career!



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Kaiser Permanente Medical Care Program

SOUTHERN CALIFORNIA REGION

Kaiser Permanente (KP) is the nation's oldest and **largest non-profit** integrated health care plan, with a nationwide enrollment of over nine million members. KP Southern California Region provides medical services to almost four million members.

KP is a group model integrated health maintenance organization operating all its own facilities (e.g., hospital, pharmacy, laboratory, surgery, medical offices). Our Medical Center is comprised of all medical subspecialties including a family medicine residency program. Additionally, we serve as a teaching site for UCLA. A strength of our pharmacy residency program is the unique collaboration with our practicing physicians, in a variety of specialties, as an equal partner on the health care team.

Our Medical Center is comprised of all medical subspecialties including a family medicine residency program. The Woodland Hills area has a membership of about **274,000** Kaiser Foundation Health Plan members in Los Angeles County. The Woodland Hills Medical Center includes a hospital with a total of **280 beds** and associated medical clinics. These medical office buildings span the geography from the San Fernando Valley through Ventura County.

Geographical Information

WOODLAND HILLS MEDICAL CENTER

The Woodland Hills Medical Center is in the heart of the San Fernando Valley, in Los Angeles County. All the exciting activities of the Los Angeles area are readily available. Just a short drive away from Universal Studios, Six Flags, Hollywood, Paradise Cove!





Features of the Pharmacy Services

WOODLAND HILLS MEDICAL CENTER

Our Department of Pharmacy employs a total staff of 100 pharmacists, practicing in a variety of settings such as acute care, outpatient, home health, ambulatory care, drug use management, education, and administration. Inpatient and outpatient pharmaceutical care services are provided 24 hours a day, seven days a week. Our pharmacy department is a teaching site for students from the University of Southern California and the University of the Pacific. Inpatient pharmacy clinical services include: internal medicine, NICU, CV ICU, ICU, infectious disease, antimicrobial stewardship, and transitions of care. Our pharmacists round in the ICU and with ID physicians Monday – Friday. Inpatient pharmacist run protocols include: renal dosing, IV to PO conversion, aminoglycoside and vancomycin dosing, anticoagulation, TPN, and discharge education.

Outstanding Features

WOODLAND HILLS MEDICAL CENTER



American Stroke Association's "Gold Plus" Quality Achievement Award 2023, 2020

 Recognizes Kaiser Permanente Woodland Hills' commitment and success in ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research- based guidelines, based on the latest scientific evidence.



America's 50 Best Hospitals for Surgical Excellence 2023, 2022

- Woodland Hills was one of 3 KP hospitals in California to make Healthgrades' "America's
 50 Best Hospitals for Surgical Excellence" for 2022 and 2023!
- "Surgical Excellence" Hospitals demonstrate superior clinical outcomes in surgical care across the most common in-hospital surgical procedures. Some of the surgeries include: cardiac, vascular, joint replacement, prostate, spine, and gastrointestinal surgeries.



America's 50 Best Hospitals 2021

- KP Woodland Hills was the only KP hospital to make Healthgrades' "America's 50 Best Hospitals" list for 2021!
- We placed in the Top 1% of hospitals in the nation according to Healthgrades' evaluation
- of 4,500 hospitals nationwide.
- "Best Hospitals" demonstrate superior clinical outcomes across the majority of common inpatient conditions and procedures.



Highest Performing Hospitals 2021

- KP Woodland Hills was one of 15 KP hospitals in Southern California noted as a "highest performing" medical center in the nation for 2021.
- KP Woodland Hills was named "High Performing" in 6 procedures
- This analysis covers clinical specialties, procedures, and medical conditions.
- Scores are based on data that include survival, patient safety, nurse staffing and other factors.



Patient Safety Excellence Award 2020

- KP Woodland Hills was awarded the Patient Safety Excellence Award for 2020.
- Top in the nation for providing excellence in patient safety by preventing infections, medical errors, and other preventable complications.



Leap Frog Hospital Safety Grade

- Woodlands Hills has maintained **Straight "A" Grades** since the safety grade began in 2012!
- Letter grades are based on their record of patient safety, helping consumers protect themselves and their families from errors, injuries, accidents, and infections.



Joint Commission Designation

 LAMC has received the Joint Commission's "Gold Seal of Approval" and special quality award for "ACS National Surgical Quality Improvement Program".



Kaiser Permanente Southern California's Medicare Plan Receives 5 out of 5 Rating from NCQA 2019

 Kaiser Permanente Southern California's Medicare Plan Receives 5 out of 5 Rating from NCQA.

Professional Environment

Our ambulatory care pharmacists practice under approved medical center protocols. However, these protocols are not decision trees nor algorithms. Our pharmacists practice using their knowledge, skills, and keep up with the latest literature and national guidelines (truly evidence-based medicine). That is, they use their professional knowledge and not a structured set of rules to make therapeutic decisions. They sign their own orders and author their own notes. They are responsible for their own patient pharmaceutical outcomes. This has been the practice of our medical center for over 30 years (since the passage of pharmacist scope of practice expansion in the 1990s). Because of this level of responsibility and accountability, our preceptors can model the best of "working to the top of their licenses".

Residency Mission

PGY1 pharmacy residency programs build on Doctor of Pharmacy (Pharm.D.) education and outcomes to contribute to the development of clinical pharmacists responsible for medication-related care of patients with a wide range of conditions, eligible for board certification, and eligible for postgraduate year two (PGY2) pharmacy residency training.

Kaiser Permanente Woodland Hills PGY1 Pharmacy Residency Rotations

The Kaiser Permanente Woodland Hills PGY 1 Pharmacy Residency training program is now in its 31st year of training exceptional practitioners. This ASHP accredited program provides an ideal environment for optimal learning and practice experiences. During this one-year residency program, you will be able to select learning experiences from a very wide variety of pharmacy practice settings. Many rotations offer a significant percentage of direct patient care. Some of these settings are unique to Kaiser Permanente. Rotation experiences include:

ACUTE CARE* (10 weeks) The Acute Care rotation is a 10-week required learning experience at the Woodland Hills Medical Center. The resident will be part of the acute care pharmacy team providing comprehensive management and monitoring for all types of patients from neonates to geriatric patients at the Woodland Hills Medical Center. In addition, the acute care pharmacy service works closely with the hospitalists, nurses, and other specialists and ancillary health care team members to provide seamless coordination of care. The purpose of the acute acre learning experience is to train pharmacist residents to be proficient in the clinical management of acute care patients. Core elements of the experience include antibiotic stewardship, pharmacist managed protocols including anticoagulation, renal dosage adjustment, IV to PO conversion, aminoglycoside/vancomycin, vaccines, H2 antagonist conversion, geriatrics/pain, and patient discharge consultation. The resident will also participate in drug distribution which includes both manual and automated, the unit dose system, parenteral preparation, compounding including understanding the regulatory requirements set forth by USP <797>, USP <795>, USP <800> and the California Board of Pharmacy.

Primary Preceptor: Dr. Negin Soufi

CARDIOLOGY* (6 weeks) The Cardiology rotation is a required 6- week learning experience at the Woodland Hills Medical Center. The resident will be part of the ambulatory team providing comprehensive anticoagulation and heart failure management. The anticoagulation service at Woodland Hills manages therapies for 4 different clinics for warfarin and 6 different clinics for direct oral anticoagulants (DOACs). In addition, the anticoagulation service works closely with the patient's primary care physician, other specialists, and ancillary health care team members to provide seamless coordination of care. The heart failure service provides residents with training in the management of patients who require close monitoring and follow up in a high-volume clinic setting. The purpose of the cardiology learning experience is to train pharmacist residents to be proficient in the clinical management of anticoagulation and heart failure. Core elements of the anticoagulation experience include analyzing laboratory results, initiating, adjusting, and communicating anticoagulation treatment plans, and providing anticoagulation patient education. Core elements of the heart failure experience include medication titration, fluid status management, vitals monitoring, and patient education.

Primary Preceptor: Dr. Erika Generoso

CHRONIC PAIN MANAGEMENT (4 weeks) The Pain Management rotation is a 4-week elective learning experience at the Woodland Hills Medical Center. The Pain Management learning experience offers the resident exposure to the challenges of managing patients with chronic pain. The resident will conduct patient clinic and follow up visits and provide appropriate pharmacotherapy regimens for ambulatory patients. As a member of a multidisciplinary team, the resident will be accountable for addressing and resolving pharmacotherapy issues that arise for defined patients. The resident may also have a unique opportunity to participate and conduct pharmacotherapy education to patients in the Cognitive Behavioral Therapy class, as the schedule permits.

Primary Preceptor: Dr. Mahshid Seyed-Kazemi

FAMILY MEDICINE (4 weeks) – The Family Medicine Learning Experience provides PGY1 Pharmacy Residents an in-depth learning experience (LE) providing clinical pharmacy services to Family Medicine residents and patients. This LE is offered in the spring after completion of the Acute Care LE. During this elective LE, residents gain knowledge / develop skills in: Pharmacotherapeutics in acutely hospitalized patients; Primary care pharmacotherapeutics in Family Medicine patients; Physician drug education via academic outreach; Potential opportunities for research & scholarly activity with Family Medicine residents and faculty.

Primary Preceptor: Dr. Sharon Gerry

NEPHROLOGY (4 weeks) Nephrology is a 4-week elective learning experience for the Kaiser Permanente Woodland Hills PGY1 Resident. The nephrology pharmacist plays an integral role on the multidisciplinary team by providing chronic disease state management and medication management for patients with CKD and ESRD. The learning experience offers direct patient care at Woodland Hills Medical Center Nephrology Clinic directed towards application of advanced pharmacotherapeutic principles to nephrology patients.

Primary Preceptor: Dr. Erika Kang

DRUG USE MANAGEMENT* (6 weeks) Drug Use Management is a required 6-week learning experience. Through the direct verbal and written education and promotional technique known as academic outreach, the DEC impacts the prescribing practices of physicians and other prescribers to achieve optimal drug therapy patient outcomes cost-effectively. The DEC also provides drug information to physicians, pharmacists, and other healthcare personnel. The Physician Drug Education Program provides Pharmacy Residents a practical learning experience (LE) in physician education programs designed to impact prescribing behavior to optimize drug utilization and safety. During this LE, residents gain knowledge and develop skills in: physician drug education; i.e., "academic outreach", determining, designing, and executing a physician drug education project, and assessing the outcomes of a physician drug education program. Additionally, the resident attends Medication Treatment Appropriateness Committee- Continuing Medical Education (MedTAC-CME) luncheons, and small group and 1-on-1 meetings between the DEC and physicians. Residents also participate in Therapeutic Conversion Programs at WHMC - involving drug therapy for: dyslipidemia, hypertension, infectious diseases, gastrointestinal disorders; psychiatric illnesses, and many other disease states.

Primary Preceptor: Dr. Janice Akashi

DRUG INFORMATION SERVICE* (3 weeks-Lottery system) This learning experience is conducted in one of the largest private drug information centers in the United States. Pharmacist specialists work in all aspects of information management, analysis and application serve as the preceptors for this concentrated experience. During this unique experience, the resident will learn not only basic drug information skills but very sophisticated, computer-based patient management databases. In addition, the resident will develop a drug monograph for evaluation by local and regional Pharmacy and Therapeutics (P&T) Committees.

Primary Preceptor: Dr. Quynhlam Tran

FREE CLINIC OF SIMI VALLEY (Longitudinal, Voluntary) The Free Clinic of Simi Valley (FCSV) is a community clinic located in Simi Valley. The FCSV provides medical, dental, legal and counseling services for the uninsured and under-insured. It is associated with the Kaiser Permanente Woodland Hills Family Practice Residency Program.

Patients are referred to the pharmacist-run CVD program by Attending primary care physicians or Family Medicine Residents from the Kaiser Permanente Woodland Hills program. The pharmacist interviews the patient/care givers, performs physical assessment, orders/interprets laboratory tests, and assesses medications and a variety of other subjective/objective. Pharmacist notes an assessment and creates a treatment and follow up plan. Medications may be initiated, altered, or discontinued.

Primary Preceptor: Dr. Mitchell Pelter

GERIATRICS (4 weeks): This is a 4-week elective rotation. The geriatric clinical pharmacist provides direct patient care to patients referred to the Geriatric Evaluation Management (GEM). This rotation will provide the resident with an exemplary opportunity for hands on involvement in a comprehensive geriatrics service in an interdisciplinary environment. The geriatric pharmacist evaluates the clinical status of frail elderly regarding geriatric syndromes (i.e., poor medication adherence, polypharmacy, depression, anxiety, dementia, incontinence, falls, osteoporosis etc.) and intervenes accordingly. The pharmacist is involved in medication reconciliation/review for medication regimen. The pharmacist evaluates the patients' medication adherence rate, initiate/titrate/discontinue medications, order/monitor labs, manages various disease states, educate patients/caregivers on medication adherence, and conduct patient follow-up. In the process, the pharmacist is checking for appropriateness of the medication regimen, drug-drug interactions, as well as medication side effects. Resident activities include, but not limited to managing patients on memory medications under pharmacist-managed protocol, and managing patients with sleep problems, behavioral problems of dementia, and depression under pharmacist managed protocol.

Primary Preceptor: Dr. Neda Elie

INFECTIOUS DISEASE (4 weeks) The Infectious Disease rotation is an elective 4-week learning experience at the Woodland Hills Medical Center. The resident will be part of the multidisciplinary team providing primarily comprehensive HIV/AIDS monitoring and management for Woodland Hills Medical Service Area. In addition, the HIV service works closely with the patient's primary care physician, other specialists, and ancillary health care team members to provide seamless coordination of care. Ambulatory Care Pharmacists working in the HIV service manage patients referred by primary care physician for pre- exposure prophylaxis and by infectious disease specialists for HIV or AIDS. The pharmacist is responsible for analyzing laboratory results, initiating, and adjusting highly active antiretroviral therapy (HAART), communicating treatment plans as discussed with specialists, and providing patient education.

Primary Preceptor: Dr. Sandra Chiang

NEW MEMBER PROGRAM (4 weeks) —The New Member Program rotation is a 4-week elective learning experience at the Woodland Hills Medical Center. This ambulatory care service assists new or returning Kaiser Permanente member's transition into the healthcare system by providing clinical onboarding, optimizing the time spent with the patient's primary care physician at the initial visit, and minimizing disruption of medication therapy. As the New Member Program is not a follow up clinic, the patient will need to be referred to the appropriate service or primary care physician for follow up.

Primary Preceptor: Dr. Nancy Kang

ONCOLOGY* (6 weeks)— The Outpatient Oncology pharmacy rotation is a learning experience designed to provide training in clinical oncology pharmacy practice focusing on patient care, clinical research, patient/staff education and hazardous drug distribution. The Outpatient Oncology pharmacy is a licensed pharmacy which is located at the Hematology/Oncology clinic. Pharmacy is managed by highly qualified pharmacists and technicians. Drug preparation is performed by pharmacy technicians in one of the most advanced, USP <797> compliant oncology pharmacies in the nation.

Primary Preceptor: Dr. Mary Bang

POPULATION CARE MANAGEMENT (4 weeks) Population Care Management (PCM) is an elective learning experience for the Kaiser Permanente Woodland Hills PGY-1 Resident. The PCM program offers patients direct clinical care by a qualified PharmD, starting with a thorough chart review and culminating in the development of a pharmaceutical care plan and pertinent patient counseling. This rotation best serves the resident in their clinical experience when it is carried out over a 4-week period. Disease states covered by this service include complicated medical conditions and medication therapy regimens. A strong knowledge base of chronic disease states such as diabetes, dyslipidemia, cardiovascular disease risk reduction, and hypertension is critical in making this a successful rotation for the resident. The resident will be managing members from various age groups, ethnicities, and psycho-social background. This service is an ambulatory care setting which involves mostly telephone encounters with some face-to-face clinic visits with members and their family/caregivers.

Primary Preceptor: Dr. Liliana Yehoshua

PRACTICE MANAGEMENT* (Longitudinal) The Practice Management Rotation is a required learning experience for the Kaiser Woodland Hills PGY-1 resident. The purpose of the rotation is to provide a structured setting that facilitates the introduction of managerial responsibilities to the PGY-1 resident. The resident will be exposed to outpatient, administrative, inpatient, and ambulatory care management topics. These responsibilities are designed to increase selfconfidence and enhance the development of communication and teaching skills. Assessment of the resident's knowledge and skill will take place through the utilization of topic discussions with various leaders within the pharmacy department, participation of the resident in identified meetings, and specific resident projects. The pharmacy practice management experience is a longitudinal rotation that provides pharmacy residents the opportunity to learn or refine skills, knowledge, and abilities to assume leadership roles in a health care setting. Participation in management classes, business administration and management activities, resident interview process, and local area professional organization meeting will be undertaken. The pharmacy resident will gain an understanding of the roles and functions of multiple pharmacy service lines and interrelationships with other departments in the managed care practice site. The resident will be guided in a process resulting in the formulation of a professional vision statement. The pharmacy resident will also lead journal club presentations, help with recruitment of next year's residents, aid in pharmacy student teaching, and present at monthly Pharmacy and Therapeutics (P&T) committee meetings. The resident will also develop a research project of interest that will be presented at the Western States Conference. In addition, the resident will create a poster that may be presented at a local, state, or national conference. The research project completed must be

suitable for publication. Over the course of the practice management rotation, the resident will work with the management team, which includes the Area Pharmacy Director (APD), Outpatient Pharmacy Director (OPD), Clinical Pharmacy Director (CPD), Inpatient Pharmacy Director (IPD), Outpatient Pharmacy Managers (OPM), and the Drug Education Coordinator (DEC).

Primary Preceptor: Dr. Hasmig Ekmekdjian

These are only some examples of the available rotations. Please keep in mind that this is your <u>program</u>, so we will work with you to determine what practice areas will best meet your professional goals. If we do not offer a rotation, we will do our best to find rotations in other areas if available.

The Resident will actively participate in direct pharmacotherapeutic management – initiating, monitoring and patient follow-up. In addition, the resident will develop presentation skills. Through experience honed from practice and repetition in the outpatient clinics, acute care setting, drug information, home health environments the resident develops skills to provide competent direct patient care. Participants learn to use their full clinical judgment and not simply graduate to rely upon an algorithm or decision tree to do their thinking. The resident develops the confidence and good clinical judgment to think on their feet in the provision of direct patient care. Through leadership and vision development, the resident gains the valuable tools needed to develop new and innovative programs and sell their ideas to others.

Participation in research through the residency project, from IRB approval and manuscript development- to poster presentation at a professional venue and publication, gives the resident a chance to develop invaluable research skills and experience that will benefit the resident throughout their career.

Professional educational meetings and conferences required to attend

- CSHP Seminar
- Western States Conference for Residents, Fellows and Preceptors
- ECG interpretation classes
- BLS/ACLS classes
- Presentation skills
- Local medical Bioethics lecture series

Other conferences as available

- Southern California Permanente Medical Group Conferences and Symposia Examples of local committee meetings
- Pharmacy & Therapeutics (P&T) Committee
- Medication Treatment Appropriateness Committee (MedTAC)
- Various staff and team meetings required presentation/conferences
- Presentation at Western States Conference
- Poster presentation at a professional conference (e.g., ASHP, ACCP)
- New Drugs Update to Medical Staff (CME accredited)
- Journal Club Presentations
- Residency research project must be presented at a local, state, or national meeting as a poster. It must also be in publishable form and submitted to journal of mutual agreement with project preceptor
- * Core/required rotations

Requirements for Acceptance

PGY1 Requirements for Acceptance

- The applicant must be a Doctor of Pharmacy graduate from an accredited school of pharmacy and must meet all qualifications for licensure in California.
- Candidates must have paid or volunteer pharmacy internship experience (in addition to curriculum hours).
- Candidates must graduate from an ACPE accredited college or school of pharmacy with at least a 3.00 GPA (on 4.00 scale).
- Candidates from schools without GPA AND no class ranking AND program not ranked by US News & World Report will not be considered. However, candidates with no GPA and no class ranking will be considered if school is in top 20 ranking.
- Must be licensed as an Intern Pharmacist in the state of California by start of residency program.
- Must be licensed as a Pharmacist in the state of California by October 1st. PGY1 Residents who have not obtained a California Pharmacist license by October 1st are subject to suspension until license is obtained. If license is not obtained by December 15th, employment will be subject to termination.
- State Board of Pharmacy Web Link: http://www.pharmacy.ca.gov/
- Candidates must be registered in the National Matching Services, Inc. (NMS).
- Candidates must participate in the ASHP Matching Program.
- Program NMS Code: 131613 and ASHP Program Code: 92370
- All internship hours required by California Board of Pharmacy must be completed prior to the start of the residency program.

Application Requirements

- Statement of Interest/Letter of Intent
- Curriculum Vitae
- Official Pharmacy School transcripts, sent directly from the applicant's college or school of pharmacy
- Three letters of references/recommendations utilizing the form in PhORCAS is required for all reference writers. Please advise the reference writer to copy and paste the traditional letter in the free text box under optional narrative comments question #4.
- Application Deadline: TBD, January 2024

Interview Details

• Interview Required: Yes

Interview Dates: February 2024