

KAISER PERMANENTE SAN RAFAEL MEDICAL CENTER

Meet Our Preceptors
2023-2024



Bryan Sandlund, PharmD

Dr. Sandlund is Kaiser Permanente San Rafael's Residency Program Director and Interim Clinical Pharmacy Director. He is the PIC for the Infusion Pharmacy in San Rafael, and actively oversees the Oncology, Transitional Care, and Drug Use Management Services (DrUM). He earned his PharmD and did his PGY-1 training at UCSF, where he subsequently worked in Orthopedics Pharmacy prior to his move to join the Kaiser Permanente Team. He has a broad degree of pharmacy interests, but outside of work he also enjoys cooking, SCUBA diving, snowboarding, and occasionally, parenting.

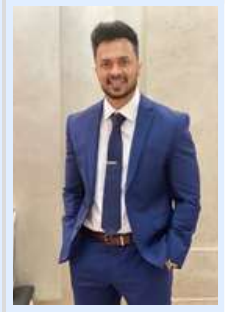


Stephanie Hanton, PharmD, APh

Dr. Hanton, PGY1 Pharmacy Residency Program Coordinator (RPC) and Drug Education Coordinator (DEC), earned her PharmD degree from UCSF. She particularly enjoys her roles at Kaiser Permanente San Rafael due to the breadth and variety of work. She is especially fond and proud of the team of professionals she is privileged to spend her time with. She has a strong interest in mentoring students, residents, and new pharmacists, as she finds it rewarding to see them grow and become successful. She is passionate about learning something new every day and problem-solving to keep her work fascinating! In her free time, she enjoys spending time with her family, reading, and traveling.

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Omar Ahmed, PharmD, BCPS

Dr. Ahmed, Ambulatory Care Pharmacy Supervisor, earned his PharmD degree from Marshall University School of Pharmacy and completed his pharmacy residency at Cabell Huntington Hospital. Currently, he oversees various clinics, including Desktop Medicine, Medication Therapy Management (MTM) and Geriatrics. In his spare time, he enjoys hiking, exercising, exploring new destinations, and spending time with family and friends.



Restie Crisologo, PharmD, BCPS

Dr. Crisologo, Inpatient Pharmacy Director, earned his PharmD degree from UOP, completed his Pharmacy residency training at VA Long Beach, and BCPS in 2008. Dr. Crisologo started his career as a Hospital Pharmacist, then worked as an ID Pharmacist, Pharmacy Supervisor, and Inpatient Pharmacy Director. One of his favorite aspects of his job includes collaborating with others to optimize healthcare outcomes for our members and community. In his spare time, he enjoys lifting weights, hiking, and listening to 80's music.

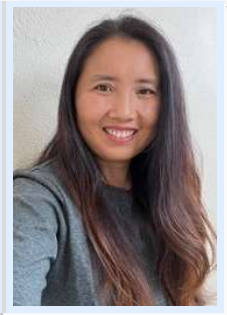


Charles Yong, PharmD

Dr. Yong, Inpatient Pharmacy Supervisor, earned his PharmD degree at UCSF. He started his pharmacy career as an intern here at San Rafael Kaiser. He has since worked and managed outpatient, inpatient, ambulatory care service lines, and served as resident program director. His favorite aspects about his job include hospital pharmacy administration and being part of the residency program. Aside from his work, he is an active member of ASHP and global health mission organization. In his free time, he enjoys hanging out with his family, playing music, and traveling.

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Trasa Hung, PharmD

Dr. Hung, Outpatient Pharmacy Manager at San Rafael Main Discharge pharmacy, earned her PharmD degree from UCSF. She started her career as an Outpatient Pharmacy Manager in Petaluma. Dr. Hung is passionate about growing and connecting with others, pharmacy learners, and immediate coworkers to deliver on quality and service goals. In her free time, she enjoys exploring new hiking trails with family, trying new foods, and listening to international music.

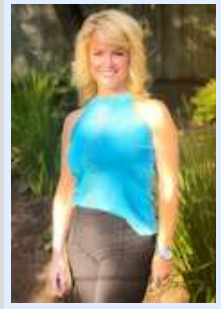


Reed Kalna, PharmD, CSP, APh, BCBBS, FACHE

Dr. Kalna is the Director of Outpatient Pharmacy with Kaiser Permanente San Rafael Medical Center in the Northern California Golden Gate Service Area since 2016. Reed earned his Doctorate in Pharmacy from Ohio Northern University with a minor in Public Health. Reed is a Certified Specialty Pharmacist, Advanced Practice Pharmacist, and Board-Certified Biologics and Biosimilar Specialist, Fellow of the American College of Healthcare Executives, and Chairman of the Specialty Pharmacy Certification Board. Outside of Kaiser Permanente, Reed professionally passionately serves Leadership for the California Association of Healthcare Leaders as the Lead Mentor Liaison and Pharmacy Education as Associate Clinical Professor for the University of California, San Francisco, School of Pharmacy. His passions include optimizing and expanding pharmacist value to the health system for maximum patient benefit. Socially, Reed enjoys spending time with family/ friends, rugby, guitar, traveling, visiting beaches, and exercising.

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Michelle L Bowen

Michelle Bowen, Pharmacy Administrative Specialist IV and Residency/APPE Administrative Coordinator, earned her Bachelor of Science degree from Purdue University. Currently, she is a Kaiser Scholar who will be attending the University of San Francisco (Class of 2025) to earn a Masters degree in Counseling Psychology with a focus in Marriage and Family Therapy. She is passionate about serving others, learning new skills and continuing to grow. Michelle is originally from the Midwest but has happily called the Bay Area her home for over 20 years. She loves fitness, photography, music, travel and spending time with family and friends.



Hamid Ameli, PharmD, BCPS, BCPP

Dr. Ameli, Ambulatory Care Pharmacist – Psychiatry, earned his PharmD degree from Western University of Health Sciences and completed his residency training in psychopharmacology at Touro University California. He has a passion for behavioral health with his focus being to help patients achieve better mental health and to manage their medication regimens to support emotional well-being. He appreciates the collaborative nature of our team including psychiatrists, psychologists, social workers, and nurses at Kaiser San Rafael Psychiatry. He enjoys cooking and trying new cuisines.



Pauline Aoki, PharmD, BCPS

Dr. Aoki, Inpatient Pharmacist – Critical Care medicine and Antimicrobial Stewardship, earned her PharmD degree at USC. Her favorite aspects about her job include working in a multidisciplinary environment and brainstorming optimal therapies for each patient with her colleagues. She is an active member of ACCP and SCCM. Aside from work, she enjoys co-leading the Women's Ministry at Tiburon Baptist Church and spending time with her family.

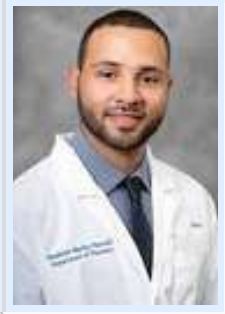
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Michelle Castellones, PharmD

Dr. Castellones, Ambulatory Care Pharmacist – Transitions of Care services and PHASE (Preventing Heart Attacks and Strokes Everyday). Her work in the PHASE Program specializes in cardiovascular care management for patients with diabetes. She earned her PharmD degree from Touro University California and completed her PGY-1 residency training at Kaiser Permanente Napa Solano. She enjoys her role working with patients and providers providing individualized care focused on their personal and health goals. In her free time, she enjoys traveling, teaching music, and baking.



Shedrick Martin, PharmD, BCPP

Dr. Martin, Ambulatory Care Pharmacist – Psychiatry & Addiction Medicine, earned his PharmD degree from Mercer University College of Pharmacy in Atlanta, GA. He moved to California to complete both his PGY-1 in Acute Care and PGY-2 in Psychiatry at Scripps Mercy Hospital in San Diego, California. He has a passion for behavioral health and the education of patients and providers alike striving to create a world where mental health challenges are more visible and solutions are more tangible. He appreciates the collaborative nature of our team including psychiatrists, psychologists, social workers, and nurses at Kaiser San Rafael Psychiatry & Chemical Dependency. He enjoys traveling, spending time with friends & family, and golfing.



Mitra Najmi, PharmD, APh, BCPS

Dr. Najmi, Ambulatory Care Pharmacist – Geriatric (GEM) and Oncology, earned her PharmD degree from Touro University California and completed her PGY-1 residency at Lifelong Medical Care/Touro University California. She enjoys working in a collaborative work environment and value establishing enduring relationships with her patients, their caregivers, and fellow healthcare providers. She loves watching movies, hiking, and exploring different travel destinations in her leisure time.

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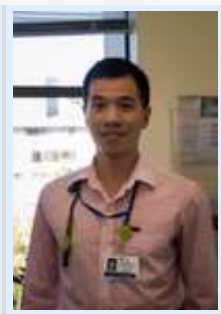
Andrew Lothrop, PharmD

Dr. Lothrop, Ambulatory Care Pharmacist – Pain Management, specializes in chronic pain. He earned his PharmD degree from the University of Maryland and completed his PGY-1 training at Kaiser Permanente San Rafael. His work extends to benefit the community overall by promoting appropriate and responsible prescribing of opioids. Aside from his daily work, he also enjoys mentoring pharmacy students and residents.



Anita Shieh Mo, PharmD

Dr. Mo, Ambulatory Care Pharmacist – Infectious Disease and Rheumatology, specializes in care management for latent TB, HIV PrEP therapy, and osteoporosis - fracture prevention. She earned her PharmD degree from Touro University California and completed her PGY-1 training at Kaiser Permanente San Rafael. Her favorite aspects of her job include having autonomy and being able to work closely with both patients and physicians. She enjoys eating (both home-cooked and dine-out), hiking, and watching movies.



Kevin Ng, PharmD, BCPS

Dr. Ng, Ambulatory Care Pharmacist – PHASE, specializes in cardiovascular care management for patients with diabetes. He earned his PharmD degree from the University of Michigan. He enjoys working with patients and discovering what motivates them to lead healthy lives. He derives joy in helping his patients effect sustainable change that leads to improvement in their quality of life. Outside of work, he loves traveling the world and has also recently picked up SCUBA diving.

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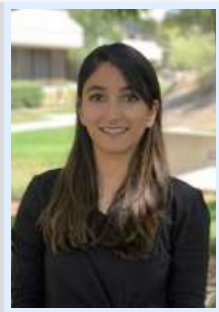
Jennie Liu, PharmD

Dr. Liu, Ambulatory Care Pharmacist – Depression, Transitions of Care, and Medication Therapy Management (MTM) services, earned her PharmD degree at Touro University California and completed her PGY-1 residency training at Kaiser Permanente San Rafael. She strongly believes in a collaborative work environment and actively strives to promote effective communication. In her spare time, she enjoys traveling, shopping, eating, and watching movies/shows.



Ali Azarpira, PharmD, PhD, AE-C

Dr. Azarpira, Ambulatory Care Pharmacist – Asthma and Procrit Management, earned his PharmD from Shiraz University of Medical Sciences. After working as a pharmacist in different settings, he pursued his career in organic chemistry (natural products chemistry). His favorite aspect of his job is working with patients and their families to have a meaningful impact on their health. Outside of work, he enjoys gardening, cooking, biking, hiking, and camping.



Mahsa Khorramdin, PharmD

Dr. Khorramdin, Ambulatory Care Pharmacist - Oncology, earned her PharmD degree at University of the Pacific California and completed her PGY-1 residency training at Kaiser Permanente San Rafael. She loves the collaborative work environment that strives to provide quality cancer care to our patients. Outside of work, she enjoys spending time at the beach, hiking around SF, and spending time with family and friends.

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Jessica Liu, PharmD

Dr. Liu, Lead Ambulatory Care Pharmacist – Pain Management, specializes in care management for patients with chronic pain and end of life care. She earned her PharmD degree, PGY-1, and PGY-2 (pain and palliative care) training from University of Washington. Her work focuses on providing compassionate care, appropriate management of complex chronic pain conditions, developing individualized treatment plans, and monitoring opioid therapy. In her free time, she loves exploring the city with her husband, traveling, and eating all things.



Lori S. Chudacoff, PharmD

Dr. Chudacoff, Ambulatory Care Pharmacist – Heart Failure Management, earned her PharmD degree from UCSF and completed her residency training was at City of Hope National Medical Center. She appreciates being able to create long-lasting relationships with patients and their caregivers. She enjoys endurance road biking, hiking, gardening, cooking, baking and book clubs.