Woodland Hills Medical Center Post-Graduate (PGY1) Pharmacy Residency Program Testimonials (ASHP # 92370 NMS# 131613)

Dear Applicant:

Over a Quarter of a Century Graduating Exceptional practitioners!

What our past residents are saying about your future experience!

I hope your fourth	-year rotati	ons are go	ing well, ar	d you are g	etting prep	ared for	the board
exams. I wish you		•		, .			0 ,

exams. I wish you the best. I guess in the middle of everything else that is going through you mind, you might be thinking whether you should do a residency. If you have already decided on this, the next question may be: "where should I do it?" Here is what some of our former residents had to say about our PGY1 Residency Program at Kaiser Permanente Woodland Hills...

"As I was searching through different residency programs, I was looking for a program that would be the right fit for me. Through research and attending information sessions to meet pharmacy teams, the PGY-1 Pharmacy Residency Program at Kaiser Permanente Woodland Hills quickly became a top choice. This program provided me with opportunities to grow as a new practitioner and become confident in providing patient care. The residency program had many unique rotations; however, the one that stood out the most was the longitudinal rotation at the Free Clinic of Simi Valley, which is also a favorite amongst other residents in the past. Here, residents can see growth in their patient care skills as the year progresses by providing continuation of care. This rotation solidified my passion for primary care and working with a team to help patients in need. In addition to growth in the clinical setting, the support of preceptors and my co-resident helped me excel in all rotations and through challenging days. The residents of the Kaiser Permanente Woodland Hills Residency Program are trained to be skilled, perseverant, and compassionate pharmacists ready to face any challenge in the workplace in the future! Looking back at the last year, I highly recommend this residency program!"

Anna Sarkissian, Pharm.D. 2022-2023 PGY 1 Pharmacy Resident

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"When I was an applicant first looking at residencies, I wanted a program that was going to make me as well rounded as possible. Through my search, Kaiser Permanente Woodland Hills was the program that stood out to me the most. Kaiser Permanente Woodland Hills has an array of rotation opportunities that I knew would set me up for success after residency. The rotation that stood out to me the most was volunteering at the Free Clinic of Simi Valley. During my longitudinal rotation at the

Free Clinic of Simi Valley, I was able to fine tune my clinical skills and give back to a local community. Kaiser Permanente Woodland Hills residency program is invested in the success of its residents. Each preceptor that I interacted with during my residency year always showed interest in me as a resident and in my wellbeing. The constant support from my preceptors allowed me to become confident as a newly graduated pharmacist."

Elsie Casanova, Pharm.D. 2022-2023 PGY 1 Pharmacy Resident

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"My main goal coming into residency was to become a confident and practice-ready pharmacist. Looking back on such an eventful and rewarding year, I truly believe that Kaiser Permanente Woodland Hills (KPWH) has prepared me to achieve this goal and so much more. As a resident, not only did I gain in-depth experience in specialty services in ambulatory care, but I also spent time in acute care and drug information services. I was also heavily involved in highly advanced longitudinal experiences such as P&T as well as the residency research project where I took an integral role in an inter-regional project with 4 other Kaiser Permanente regions across the nation! Among the many unique opportunities that the residency program offers, the Free Clinic of Simi Valley was the most memorable one for me. During that time, I refined my clinical skills in chronic disease state management while working hand in hand with the underserved community at Simi Valley. It was truly a rewarding experience! I gained such a well-rounded experience as a resident because of the wonderful preceptors and the Residency Advisory Committee who truly dedicated their time to ensure that my co-resident and I were supported and challenged throughout the whole year! I am so grateful to have completed my residency at this institution and am excited for what's to come in my career! Good luck on your journey and hope you find your new home away from home as I did with KPWH!"

Erika Generoso, Pharm.D. 2021-2022 PGY 1 Pharmacy Resident

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"Kaiser Permanente Woodland Hills was my absolute top choice for residency for many reasons. What sets this residency apart from others are the opportunities and flexibility that it offers. You have the ability to shape your year into the ideal residency through careful selection of your elective rotations. Additionally, I had the opportunity to pilot a new Heart Failure rotation. This is truly an incredible place to train and grow as a clinician. The training and satisfaction you gain from volunteering at the Free Clinic of Simi Valley is unlike any other. I am so thankful to have worked with such supportive, enthusiastic preceptors who made this program stand out from the others. I felt like I had plenty of autonomy, but I also felt that preceptors, staff, and leadership were very approachable whenever I needed help. If given the chance to choose again, I would without a doubt continue to rank Kaiser Permanente Woodland Hills as my top program."

Shawn Lu, Pharm.D. 2021-2022 PGY 1 Pharmacy Resident

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"When I was an applicant, there were various factors I wanted and considered when looking through countless different residency programs. First, I wanted a program in which I could gain learning experiences in both ambulatory care and acute care settings. This program provided ample learning opportunities in both areas and many more including nontraditional areas of practice such as

Physician Drug Education and Drug Information Services. Second, I was interested in building my experiences in research. Throughout the year, I worked in collaboration with Family Medicine residents to complete a research project eligible for publication. Lastly, I wanted to give back to the community. I was able to do so through the Free Clinic of Simi Valley where I worked with an amazing team to serve some of the most heartwarming patients. This experience truly allowed me to grow as an independent practitioner in an ambulatory setting. If you are looking for a well-rounded PGY1 Pharmacy Residency with research and volunteer experiences, Kaiser Permanente Woodland Hills is the right place for you. I am grateful for all of the hard work Dr. Deamer and my preceptors have put into my training this past year and know this will serve as a cornerstone to my practice. Best of luck to all applicants!"

Christine Yi, Pharm.D. 2020-2021 PGY 1 Pharmacy Resident

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"I was first introduced to the Kaiser Woodland Hills family through my internship at the Kaiser Permanente Woodland Hills 24-hour Outpatient Pharmacy. I was instantly drawn to the unique healthcare model which fostered and encouraged interdisciplinary care. When searching for a residency, I wanted a program which offered a multitude of rotations to span both acute and ambulatory care experiences. I also sought after a program that was not only clinically challenging but one that would build on my professional skills as well. I am fortunate to have matched with a residency program which exceeded my expectations in every way possible. One of the highlights of my residency experience was participation at the Free Clinic of Simi Valley, where we independently manage various chronic disease states for the underserved population. Participation in the free clinic provides a longitudinal opportunity to strengthen your clinical skills while also giving back to the community. Another strength of this program is the outstanding preceptorship. Each one of my preceptors were amazing role models in the pharmacy profession and were all a joy to work with. Each rotation emphasized building your clinical skills to ensure you are a confident and well-rounded clinician. I truly believe that completion of a PGY-1 residency with Kaiser Permanente Woodland Hills has more than adequately prepared me for clinical practice and am fortunate to have been able to continue my training at an esteemed institution with such wonderful and knowledgeable preceptors. Looking back on my experience I highly recommend this residency program to future applicants."

> Dania Bitar, Pharm.D. 2020-2021 PGY 1 Pharmacy Resident

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"When I was an applicant first looking at residencies, I was overwhelmed by the sheer number of programs available. The Kaiser Permanente Woodland Hills PGY-1 Pharmacy Residency first drew my attention due to the numerous longitudinal activities offered in addition to clinical rotations, such as weekly volunteering at the Free Clinic of Simi Valley, participation in P&T meetings, and monthly journal club presentations. During my time at Woodland Hills, not only did all of the rotations live up to my expectations in challenging me to grow clinically and professionally, but I also had a wonderful year working with all of the different staff members in the pharmacy and at the hospital. Completion of a PGY-1 pharmacy residency at Kaiser Permanente Woodland Hills Medical Center will prepare you for success in a career in either ambulatory or acute care, or in more non-traditional pharmacy roles. If you find your passion or develop an area of interest during your time at Woodland Hills, the residency director and preceptors will work with you to tailor your rotations based on your interests. I look back on this year with fondness and would highly recommend this program to future applicants."

2019-2020 PGY 1 Pharmacy Resident

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"The Kaiser Permanente Woodland Hills PGY-1 Pharmacy Residency first drew my attention due to its unique longitudinal rotations as well as its reputation as a rigorous program. Like many graduates, I found my involvement at the Free Clinic of Simi Valley to be one of the most fulfilling experiences of my year. Not only does this volunteer opportunity allow you to work directly with an underserved population, it also builds your clinical confidence and promotes your growth as an ambulatory care pharmacist. The residency itself fosters strong, interdisciplinary relationships with other members of the healthcare team. Pharmacy residents here are expected to conduct large scale epidemiologic studies and have the option of collaborating with family medicine residents for their residency research project. Much of this residency can be tailored to your personal interests as it offers a wide variety of experiences. Over the course of this year, I felt intellectually challenged and pushed to become the best clinician I could possibly be. All the preceptors here were an absolute delight to work with and clearly took interest in my development as a resident. The warm, welcoming community is what helped me feel comfortable in my own skin as a newly graduated pharmacist. I look forward to applying the skills I have learned here in my career for years to come."

Nhi (Simone) Truong, Pharm.D. 2018-2019 PGY 1 Pharmacy Resident

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"Hello applicant! I know that this is a tough time of year for you—having to decide what residencies to apply to, having to find out all about each of them, and trying to figure out what makes each of them unique so that you can express genuine interest in each program that you do end up applying for. Everything starts blending together and sounding the same after a while. I was there. too, just one short year ago. But if you stick around, I'll tell you why out of all the places you could choose to spend one whole extra year of your life, I think Kaiser Permanente Woodland Hills is the best place to have your PGY-1 experience. First, the team of people you will meet here are all extremely supportive and dedicated to teaching. They have all applied to be preceptors and have been selected by your RPD as role models for pharmacy practice. Second: the leadership and experience of those involved in assembling and running the program. Dr. Pelter has been the RPD of this residency program since its inception, and the wealth of experience and level of care he has for the program and its residents really shows. Dr. Deamer's dedication to the program shows in the multitude of learning experiences he adds to the program including a comprehensive journal club series, coordinating the Free Clinic of Simi Valley experience, as well as taking an active role in both residents' Western States Conference research. The host of supporting staff members are also extremely experienced in making the program run fluidly, and you will always feel supported at every step. Finally: the Free Clinic of Simi Valley experience itself—one of the highlights that drew me and many before me to this program. Volunteering here weekly will give you the opportunity to hone your amcare skills, to meet a cast of wonderful people, and to give back to the underserved community. Even if you are interested in acute care, the holistic approach to patient management is always applicable to any practice. I have met so many wonderful people and memorable patients at this site, and I everyone that I have seen have contributed to who I am as a practitioner. If I had to do it all over, I would choose to go to Kaiser Permanente Woodland Hills again in a heartbeat."

> Clifton Ng, Pharm.D. 2018-2019 PGY 1 Pharmacy Resident

"The pursuit of a PGY1 Pharmacy Residency is a significant career stepping stone. Selection of a well-rounded program that will offer opportunity for growth towards future professional aspirations is an important decision. Rotating as an APPE Student as Kaiser Permanente Woodland Hills I have gained a sense of the community created here and its dedicated preceptors. I was looking for a program that would foster my development both professionally and personally. We are one of the few programs that do large epidemiologic research studies that have the potential for publication and to change clinic practice. I started a collaboration between our Pharmacy and Family Medicine Residency Programs to do research together which is a unique opportunity you could take advantage of as a resident. As a resident you work closely with management both pharmacy and non-pharmacy to understand the inner workings of a large organization. You have the ability to tailor the program to meet your interests by being proactive and vocal about what experiences you would most like to be engaged in. Pharmacy is well respected by all other health care professionals at our medical center and pharmacists are valuable members of the team. The FCSV Volunteer experience enables you to develop your clinical confidence first hand with your own cohort of patients will mastering chronic disease state management. The residency director has been involved with the residency program since its inception, is an advocate for the advancement of our profession, and a valuable resource to help you create your own path. Completion of a PGY1 Residency Program at Kaiser Permanente Woodland Hills will prepare you for a career as a clinical pharmacist in the acute or ambulatory setting. Looking back on my experience I highly recommend this residency program and would chose to do it all over again."

> Nichole Koshki, Pharm.D. 2017-2018 PGY 1 Pharmacy Resident

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"I was very selective in my choice of residency programs as I wanted to ensure whichever program I match with will help with my growth professionally, clinically and personally. The Kaiser Permanente Woodland Hills residency program allowed me to achieve that growth and development. This program offers a variety of experiences across Acute Care and Ambulatory Care. The preceptors are all well trained and able to coach the residents in all areas. This program encourages their residents to be introspective and evaluate their progress throughout the residency. Across all rotations we were given regular feedback from our preceptors and had all of the tools necessary to adjust our performance to achieve independence. This program fosters your interest in evaluating clinical trials through our Journal Club experience which gives the residents a chance to learn of new drugs coming through the pipeline and educate the family medicine residents to ultimately influence prescribing. There is a strong sense of unity and family here between the pharmacists and among the pharmacy residents and family medicine residents. This residency program encourages interdisciplinary practice and working alongside physicians, nurses and social workers etc, to offer our patients the best possible care. Lastly, the most valuable and fulfilling part of this residency program was to have the opportunity to volunteer weekly at the Free Clinic of Simi Valley. This clinic solidified my love for primary care and working in impoverished communities. I grew so much by seeing my clinical recommendations take shape through my patients and was able to monitor my performance through the progress of the patients I followed throughout the year. The graduates of the Kaiser Permanente Woodland Hills Residency program are competent, capable, compassionate and trained to work and succeed in any setting. I could not be happier with my experience at Kaiser Permanente Woodland Hills."

> Jennifer Farzam, Pharm.D. 2017-2018 PGY 1 Pharmacy Resident

"As a recent graduate of the PGY-1 Residency Program at Kaiser Permanente Woodland Hills, I can say that I have been well-prepared for a career in clinical pharmacy, both clinically and professionally. This residency offers rotations in a variety of clinical areas, including acute care and a multitude of ambulatory care clinics. You will be able to tailor your elective rotations to your clinical interests, so you can get the most out of the residency and it becomes personalized to you. One of the main highlights of the residency for me was the completion of a research project from start to finish, as this was a great but challenging learning experience. You will also have the opportunity to volunteer weekly at the Free Clinic of Simi Valley and provide chronic disease state management to the underserved population. This was such a rewarding experience for me. You will begin to see the same patients over and over, and you will form great relationships with them. It was so gratifying to me to see the direct impact on my care when I would see my patients' A1c drop. As a resident here, you can expect to be well-supported by your preceptors during the course of your residency. We have many wonderful preceptors here that serve as great role models. They take the time to get to know you and your career goals, and they each have their own advice to provide to you to help you along your path to a career in clinical pharmacy. I would highly recommend completing your PGY-1 Pharmacy Residency here at Kaiser Permanente Woodland Hills. You will have a comprehensive clinical experience that will prepare you for a career in either acute care or ambulatory care pharmacy."

> Ericka Huckle, Pharm.D., M.S. 2016-2017 PGY 1 Pharmacy Resident

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"Kaiser Permanente Woodland Hills PGY-1 pharmacy residency was my top choice for a residency program for many reasons. This program is research focused. Also it offers a vide variety of ambulatory care clinical services, as well as experiences in the inpatient and home infusion settings. My favorite part of the residency was volunteering at Simi Valley free clinic each week. It was a very rewarding opportunity to be able to make a difference in the community and help patients that otherwise would not have access to healthcare. If you are looking for a challenging and educational residency program with great preceptors, you should apply to Kaiser Permanente Woodland Hills."

Sanam Farokhi, Pharm.D. 2016-2017 PGY1 Pharmacy Resident

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"Kaiser Permanente Woodland Hills PGY-1 Pharmacy Residency was my top choice when applying for residency programs after speaking with some of the previous residents. The most notable highlights of this rigorous programs were a strong research component, broad variety of ambulatory care clinics, and opportunity to volunteer at a free clinic on a weekly basis. During the residency, my preceptors provided a solid and nurturing support system to help me achieve my goals. Additionally, I had the opportunity to pilot a new elective which involved the interdisciplinary work of having a pharmacist on the family medicine service. Any potential applicant that is looking for a challenging and fast-paced residency should apply here. I greatly appreciate the exposure and experience I gained at Kaiser Permanente Woodland Hills will continue to use these skills for many years to come."

Liliana Sherman, Pharm.D. 2015-2016 PGY1 Pharmacy Resident

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"There are many reasons to complete a PGY-1 pharmacy residency with Kaiser Permanente Woodland Hills. Besides the breadth and depth of pharmacy experiences and community involvement

opportunities, you will find a program that is focused on facilitating your professional growth while working alongside a group of caring and passionate preceptors. While this is an ambulatory careheavy residency, this program will hone not just your clinical skills but also your non-clinical abilities to manage time, precept students, dissect and apply literature, and deliver presentations effectively. If you are looking for a challenging residency program that will train you to become a solid, well rounded clinical pharmacist, you'll find that at Woodland Hills."

Jessica Wu, Pharm.D. 2015-2016 PGY1 Pharmacy Resident

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"One of the reasons I chose the PGY1 Residency Program at Kaiser Woodland Hills was for its reputation of being very rigorous. I believe that nothing worthwhile comes easy and through hard work you have much to gain. During my year of residency, I was challenged intellectually to hone my clinical skills and experienced personal and professional growth. The program is well crafted, evolving over time from preceptor and resident input to meet the ever changing demands of the pharmacy profession, but still offering the flexibility for customization to suit your needs and interests. I am grateful to have had many supportive preceptors and role models, not just on the pharmacy side but on the medical side as well, and to now call KP WH my second home as a clinical inpatient pharmacist."

Petrina C. Miao, Pharm.D. 2014-2015 PGY1 Pharmacy Resident

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"If a combination of clinical pharmacy, management practice, and research is of interest, then this residency program is for you. Program strengths include 1) the high quality epidemiologic longitudinal research project you will be conducting in conjunction with a statistician, 2) the multidisciplinary journal club, and 3) the Free Clinic of Simi Valley. The residency director and co-director are experts in biostatistics and encourage projects that challenge the status quo, with the end result being publication in a major medical journal. For Journal Club, the pharmacy residents give eight presentations covering various study designs (retrospective, prospective, pharmacoeconomics) to an audience composed of both primary care physicians and pharmacists. Even if you are an adept speaker, you will grow immeasurably in your skills with the feedback and practice provided. Additionally, you will exercise your clinical skills as a healthcare provider at the Free Clinic of Simi Valley where you will interview patients one-on-one and treat their various chronic diseases. The rounded character of the residency program is challenging but rewarding."

Troy Phipps, Ph.D., Pharm.D. 2014-2015 PGY1 Pharmacy Resident

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"The PGY1 Residency Program at Kaiser Woodland Hills Medical Center is an excellent institution to continue your clinical training after completing your pharmacy degree. It offers a variety of rotations in both the inpatient and outpatient setting and offers the flexibility to develop a rotations schedule that best suits your interests. The preceptors that the residents work with throughout the year are not only devoted and passionate to teaching but have a desire to impart their knowledge and expertise to residents. Throughout the year, this residency program definitely strengthened my clinical skills; however, it also strengthened my presentation and research skills through the various presentations given and research projects conducted during the year. The experience and training

that I have received here will definitely be carried with me throughout my years in the pharmacy profession. I would recommend this program to anyone looking for a strong clinical program and seeking to become a well-rounded, confident pharmacist."

Jody Santos, Pharm.D., M.S. 2013-2014 PGY1 Pharmacy Resident

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"Being a PGY1 resident at Woodland Hills was a once in a lifetime opportunity that I am so fortunate to have experienced! This program provided me with a large variety of experiences that have culminated a strong foundation to my clinical practice as a pharmacist. In addition, the support and knowledge from the preceptors make this program excel as one of the best! The preceptors provide a good balance of teaching, leading by example, and allowing you to become independent when you are ready. Volunteering at Simi Valley Free Clinic was one of my favorite experiences. It was a unique opportunity that allowed me to not only help my community but also become a stronger practitioner in longitudinally managing my own patients' chronic disease states through the whole year. Overall, the experiences and knowledge gained in just one short year is priceless!"

Kimberly Low, Pharm.D. 2013-2014 PGY 1 Pharmacy Resident

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"I am so thankful to have had the opportunity to complete my PGY1 residency at Kaiser Permanente Woodland Hills. The preceptors and mentors here are of the highest quality; the breadth and depth of their experience and passion for teaching have made every learning experience excellent. The growing relationship between the pharmacy and family medicine residency programs with our pharmacy lectures and journal club presentations has been one of the many unique highlights of the year. My experiences and the guidance and support from pharmacy leadership have motivated me to pursue a second year residency at Kaiser Permanente in pharmacy administration. I recommend this PGY1 program to anyone who is not only seeking a variety of clinical experiences but also beginning a career in an innovative and collaborative organization."

Sarah Moy, Pharm.D. 2012-2013 PGY 1 Pharmacy Resident

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"My clinical training as a PGY1 resident at Kaiser Woodland Hills Medical center has laid a strong foundation for my future career as a clinical pharmacist. During my residency program, I had the opportunity to rotate through drug education, practice management, acute care, oncology, home infusion, geriatrics, nephrology, drug information, anticoagulation, and population care management. In addition to these learning experiences, I had the opportunity to present monthly journal clubs to physicians and pharmacists as well as to volunteer at The Free Clinic of Simi Valley weekly treating patients with hypertension, hyperlipidemia, type 2 diabetes, and/or hypothyroidism. The preceptors that I worked with were dedicated mentors and teachers who encouraged independent work, yet were available at any time for questions. I would recommend this residency program to anyone who is interested in developing skills to become a confident and competent clinical pharmacist as I have."

Dina Elperin, Pharm.D.

2012-2013 PGY 1 Pharmacy Resident

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"The PGY1 Residency Program at Woodland Hills Medical Center is a model ASHP accredited residency. The program offers a wide variety of experiences ranging from clinical to management, where you will have the flexibility to be able to hone your skills and develop into a pharmacy practice leader in your chosen field. The experience that Woodland Hill's preceptors have to offer, coupled with the vast resources of the Kaiser Permanente health system, is invaluable. The experiences I have had this year not only taught me important lessons, but have instilled confidence in myself and have inspired me to achieve great things in my pharmacy career. I could not have picked a better place for a PGY1 Residency than Kaiser Permanente Woodland Hills."

Christopher Campbell, Pharm.D. 2011-2012 PGY 1 Pharmacy Resident

"My experience as a PGY1 resident at Kaiser Woodland Hills Medical Center is one that I will carry with me for the rest of my career. Through the guidance and support of dedicated and talented preceptors, I had the opportunity to develop my clinical and research skills in a variety of practice settings. I achieved heights in my personal and professional growth that I did not know was possible. I encourage anyone that wants to further develop their clinical skills and become a practice leader to pursue a residency...and I can't think of a better place to do it than Kaiser Woodland Hills."

Divaker Rastogi, Pharm.D. 2010-2011 PGY1 Pharmacy Resident

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"The PGY1 Pharmacy Practice Residency at Kaiser Permanente Valleys Service Area was excellent. It facilitated the development of my skills in becoming a confident and competent clinical pharmacist. The variety of clinical rotations offered throughout the year allowed me to gain experience in acute care, home infusion, ambulatory care, drug information, management, and drug education. The preceptors were dedicated mentors and teachers training me to work independently but were always available when needed for guidance and support. I am very pleased with my experience and would recommend this residency program to anyone interested in further developing their skills a leader and clinician."

Lesli Fisher, Pharm.D. 2009-2010 PGY 1 Pharmacy Resident

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"This residency program stands out from the rest, due to its dedication to developing a leader. Each rotation is unique and tailored to the individual resident, while maintaining a focus on pharmaceutical care. The preceptors are true mentors devoted to providing the resident with a rich learning experience. The program has a extensive community service component set as a longitudinal experience. I am forever indebted to my residency program for helping me to become an invaluable member of the healthcare team."

Laura Baroutgian, Pharm.D. 2008-2009 PGY1 Pharmacy Resident

"The PGY-1 residency program at the Kaiser Permanente, Valley Service Area, provided me with a unique experience. I was exposed to various areas of Pharmacy practice areas that I never had an opportunity to experience as an Intern or even through clerkships during Pharmacy school. Some of these areas include Drug Education, Oncology, Infectious Diseases and Medication Therapy Management. The multidisciplinary approach at Kaiser Permanente allows you to be directly involved with patient care. I am much appreciative of the opportunities and experiences gained and hope you become part of this dynamic program."

Peter Lee, Pharm.D. 2008-2009 PGY1 Pharmacy Resident

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"This residency program provided me with many skills and experiences necessary to become a better provider. I obtained experience in a variety of ambulatory care settings in addition to acute care, home infusion, drug information, management, and involvement in local chapter of state pharmacy organization. Preceptors at Kaiser Permanente, Valley Service Area were superb! Their dedication to patient care was inspiring and the time they were able to devote to mentorship was imperative to my learning."

Yanina Goykhman, Pharm.D. 2007-08 PGY1 Pharmacy Resident

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"This residency offers a variety of great clinical training, especially in ambulatory care arena, where residents play a direct role in patient care and function independently at the end of each rotation. Preceptors are very knowledgeable, experienced, and supportive. In addition, this program encourages residents to implement creative ideas and projects. For example, my residency project is about direct patient care at a community free clinic, and I got tremendous guidance and support from preceptors. Another unique aspect of this program is leadership development. Residents get to formulate their own vision, to attend training classes, and to prefect their presentation skills throughout the year."

Yan Wang, Pharm.D. 2007-08 PGY1 Pharmacy Resident

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"This is an excellent residency program because the resident will learn how to work as a member of an interdisciplinary health care team and have a direct role in patient care. This program will enable the resident to develop leadership skills and can be tailored to the resident's interests."

Michele Sue, Pharm.D. 2006-07 Pharmacy Practice Resident

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"This program has a very knowledgeable and diversely experienced group of preceptors. The mentorship from each of these preceptors provides a very comprehensive view of what optimal pharmaceutical care was, is, can, and will be. The program provides an invaluable experience at all settings: drug information, inpatient, outpatient, ambulatory care, home care, and management.

Residents are trained to be competent and responsible clinicians, innovative researchers, effective communicators, influential speakers, and compassionate caretakers. I am grateful for my residency experience, because at Kaiser Permanente, pharmacists are an integral member of the healthcare team."

Sandra (Hyun) Kang, Pharm.D. 2004-2005 Pharmacy Practice Resident

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"If you are searching for an Ambulatory Care Residency, search no more...this is the place for you! The Kaiser Permanente Valleys Service Area Pharmacy Practice Residency offers experience in a wide variety of ambulatory care services including Oncology, Geriatrics, Chronic Conditions, Nephrology, HIV, Dyslipidemia and Hypertension. In addition, you will be able to gain experience in alternative settings such as acute care, home infusion, drug information and management. From ACLS class to immunizing patients with the flu vaccine to delivering physician CMEs, you will participate in every realm of the organization as a health practitioner. You will have flexibility in selecting your desired rotations and enhancing your interests. Choosing a residency program is no easy task, so choose wisely and carefully and remember, at Kaiser Permanente, if you can dream it. You can do it. Best of Luck in all your future endeavors and welcome to the profession."

Monica Saleh, Pharm.D. 2004-2005 Pharmacy Practice Resident

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"You'll find that there are many solid reasons to apply to Kaiser Permanente Valleys Service Area for pharmacy practice residency . . . This program stands out by continually exploring opportunities to refine world-class pharmacy services in an integrated health system. You will be practicing on the cutting edge in diverse settings and mentored by highly supportive, motivated preceptors. If you aspire to make a difference in your practice, you've found the right place".

Julia K. Nguyen, Pharm.D. 2003-2004 Pharmacy Practice Resident

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"Being a resident at the Valley Service Area has been a rewarding experience. Firstly, the clinical practice compresses three years of work experience into a year-long program. Thus, the resident learns far more, far faster compared to outpatient on-the-job training. Secondly, the flexibility of the rotations means greater exposure to different fields, which translates into a greater breath of knowledge. Thirdly, the high patient care and hands-on approach to healthcare means individualized care each day. Couple these three reasons, with presentations, journal clubs, and intelligent preceptors and it equals an outstanding program."

Sara Phipps, Pharm.D. 2003-2004 Pharmacy Practice Resident

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"The pharmacy practice residency at the Kaiser Permanente Valleys Service Area provided me with a challenging and exciting environment for professional growth and development. The

preceptors I have been fortunate enough to work with have been excellent clinicians with a wealth of knowledge. On the whole, everyone I've been in contact with at the VSA has been very nice people. I experienced the satisfaction of working collaboratively with other health care workers and providers (physicians, nurses, social workers, etc.) as a vital part of a team. As timid as I was about public speaking, I was given ample opportunity to get over it and develop my speaking skills. It was an eye-opening experience to see pharmacists at work in such a wide variety of clinical services and decision making capacities. The training I received at the VSA provided me with valuable skills that will help me the rest of my professional career."

Erin Song, Pharm.D. 2002-2003 Pharmacy Practice Resident

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"Kaiser Permanente Valleys Service area offers an ASHP accredited residency program with focus of Ambulatory Care. I have really enjoyed my residency so far. I selected this program because I wanted to be able to provide pharmaceutical care to patients in any area of Ambulatory Care. I definitely made the right choice. [The program] provided me with the specific rotation that I was interested in. They even contacted outside sources to arrange rotations for me to get experience in the areas I was interested in but which were not available in Kaiser.

I really feel this is my program, they do anything they can to make sure my objectives are met. I could not have asked for more! "

Parichehr (Sherly) Haghnazari, Pharm.D. 2000-2001 Pharmacy Practice Resident

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"Personally, I can not say enough about the residency program at Kaiser Permanente Valleys Service Area. When I started the program, I hoped to improve my patient care skills and to obtain management experience. This program is fantastic and has lived up to and exceeded my expectations. The reasons why I chose the Valleys Service Area program are many, but I can summarize them by just stating: the people, the preceptors, the networking opportunities, the rotations, and the flexibility of the program. Although the program requires a lot of hard work, I believe the rewards more than make up for any inconveniences. The rewards I envision will be attaining an Ambulatory Care Pharmacist position within the Kaiser Permanente system and being placed on a career path leading to pharmacy management."

Daniel Ehrlich, Pharm.D. 2000-2001 Pharmacy Practice Resident

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"Basically, I am a 'satisfied customer' with the residency [program]. I did benefit from doing a residency. It definitely prepared me to better handle my current job. Most rotations provided me with lots of hands-on experience, which is very important for a new pharmacist. I really enjoyed the opportunities of working at many different AMCARE clinics."

Jennifer Yu, Pharm.D. 1999-2000 Pharmacy Practice Resident

"I really enjoyed my residency. It gave me so many opportunities to figure out what I really wanted to focus on in terms of the profession of pharmacy. There are so many aspects of pharmacy that school can't cover everything. The residency allowed me to rotate through many Ambulatory Care clinics. By the end of each rotation, I felt competent enough to run the clinic. They prepared me for the real world."

Angela S. Pang, Pharm.D. 1999-2000 Pharmacy Practice Resident