

# Riverside Area PGY1 Residency Program

## Meet the Residents...

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**Hanan “Sara” Ali, Pharm.D.**  
PGY1 Pharmacy Practice Resident

### Who are you?

My name is Hanan “Sara” Ali, I graduated as a part of the inaugural PharmD cohort from the University of California Irvine (UCI). My passion for healthcare began early through community involvement and was shaped by the mentorship of inspiring pharmacists. As an undergraduate researcher in a pharmacology lab, I developed a deeper interest in pharmacy and knew I wanted to become a pharmacist. During my time as a student pharmacist, I was actively involved in SSHP/CSHP/ASHP at UCI as a founding board member and student government which I believe were pivotal to my professional development and growth. I also had the opportunity to serve nationally on a Hematology/Oncology Pharmacy Association committee. During pharmacy school, I worked as an inpatient intern pharmacist at UCI Medical Center Douglas Hospital and completed APPE rotations in both inpatient and ambulatory care settings. This further solidified my desire to train in a program that offers diverse clinical experiences. Reflecting on my journey, I embraced every opportunity and am grateful for the incredible people who helped shape my path.

### What are some of your interests?

I really enjoy long walks by the beach, listening to music, spending quality time with friends and family, and trying new coffee shops. During pharmacy school, my friends and I set a goal to find the best matcha in orange county, which fueled my passion for exploring new places!

### When should I start working on my application?

I encourage prospective residency applicants to begin working on their application as soon as possible during their final year of pharmacy school. You will find it helpful to keep your CV up to date with all the incredible things you have accomplished. This way, when you work on your applications, you will have all your information ready to go. It is important to note that the application process really begins during your first year of pharmacy school as you immerse yourself in the wonderful opportunities the world of pharmacy has to offer. Your peers, mentors, and preceptors will support you during your application process. I wish you the best of luck, you will do great!

### Why did you pick residency and why Riverside?

"Since my first year in pharmacy school, I knew I wanted to do a residency to be a well-rounded, competent and practice ready pharmacist in any setting I will practice in. Completing a residency provides the opportunity for application-based learning in various settings, professional development, and personal growth. Specifically, I chose Kaiser Permanente Riverside because I really enjoyed my interactions with the program during the showcases and interview. I knew I could grow both as a pharmacist in the positive, supportive, and welcoming environment at Kaiser Permanente Riverside.

### How can I reach you?

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**Parto Pakravan, Pharm.D.**  
PGY1 Pharmacy Practice Resident

### Who are you?

Hi! I'm Parto Pakravan, and my journey into pharmacy started with a background in medicine, which I pursued in Iran before moving to the U.S. and starting over. I eventually earned my Pharm.D. from UC San Diego, where I developed a strong interest in ambulatory care, infectious diseases, and anticoagulation. My experiences span across community, outpatient, and inpatient, each reinforcing my passion for patient education, interdisciplinary collaboration, and equitable access to care. What I love most about pharmacy is the ability to truly connect with patients, especially those from underserved backgrounds, and help guide them through complex therapies in a way that's personalized and empowering.

### What are some of your interests?

Outside of pharmacy, you'll find me on the slopes. Skiing is my favorite way to disconnect and recharge. I also enjoy Pilates, spending time with my friends and family, and exploring different cuisines. I'm passionate about mentorship and education and have facilitated pharmacy skills labs and workshops at UCSD. Whether in or out of the pharmacy, I thrive when I'm connecting with others and learning something new.

### When should I start working on my application?

I believe your residency application begins long before you start typing it out. Every experience, from your volunteer work to clinical rotations, is shaping the story you'll one day tell. My advice is to stay present, get involved, and reflect often. When it's time to apply, you'll already have a strong foundation of meaningful experiences and relationships to draw from. Log your key takeaways from APPEs, patient cases, and projects early so when the application season arrives, you're prepared rather than overwhelmed.

### Why did you pick residency and why Riverside?

Residency was the natural next step for me to grow both clinically and professionally. I'm drawn to settings that challenge my critical thinking and strengthen my ability to provide patient-centered care. During the interview process, KP Riverside stood out because of its supportive and collaborative environment. The program fosters not only clinical excellence, but also personal development and I knew I wanted to be a part of that.

### How can I reach you?

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