

KAISER PERMANENTE SAN RAFAEL MEDICAL CENTER

Meet Our Preceptors
2025-2026



Bryan Sandlund, PharmD

Dr. Sandlund is Kaiser Permanente San Rafael's Residency Program Director and Clinical Pharmacy Director. He earned his PharmD and did his PGY-1 training at UCSF, where he subsequently worked in Orthopedics Pharmacy specializing in post-surgical pain management prior to joining Kaiser Permanente in 2016. Dr. Sandlund worked as a staff pharmacist in Transitional Care Pharmacy, Drug Use Management (DrUM), and Oncology prior to becoming the Oncology Supervisor, where he took on the role of PIC for the Infusion Pharmacy. More recently, he has stepped into the position of Clinical Pharmacy Director, overseeing the Ambulatory Pharmacy Clinics in Marin and Southern Sonoma Counties. He has a broad degree of pharmacy interests, but outside of work, he enjoys cooking, hiking, SCUBA diving, snowboarding, and on most days, parenting.



Stephanie Hanton, PharmD, APh

Dr. Hanton, PGY1 Pharmacy Residency Program Coordinator (RPC) and Drug Education Coordinator (DEC), earned her PharmD degree from UCSF. She particularly enjoys her roles at Kaiser Permanente San Rafael due to the breadth and variety of work. She is especially fond and proud of the team of professionals she is privileged to spend her time with. She has a strong interest in mentoring students, residents, and new pharmacists, as she finds it rewarding to see them grow and become successful. She is passionate about learning something new every day and problem-solving to keep her work fascinating! In her free time, she enjoys spending time with her family, reading, and traveling.

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Omar Ahmed, PharmD, BCPS

Dr. Ahmed, Ambulatory Care Pharmacy Supervisor, earned his PharmD degree from Marshall University School of Pharmacy and completed his pharmacy residency at Cabell Huntington Hospital. Currently, he oversees various clinics, including Desktop Medicine, Medication Therapy Management (MTM), Psychiatry, Pain Management and Geriatrics. In his spare time, he enjoys hiking, exercising, exploring new destinations, and spending time with family and friends.



Restie Crisologo, PharmD, BCPS

Dr. Crisologo, Area Pharmacy Director, earned his PharmD degree from UOP, completed his Pharmacy residency training at VA Long Beach, and BCPS in 2008. Dr. Crisologo started his career as a Hospital Pharmacist, then worked as an ID Pharmacist, Pharmacy Supervisor, and Inpatient Pharmacy Director. One of his favorite aspects of his job includes collaborating with others to optimize healthcare outcomes for our members and community. In his spare time, he enjoys lifting weights, hiking, and listening to 80's music.

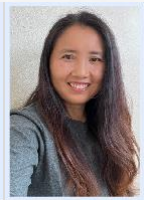


Charles Yong, PharmD

Dr. Yong, Inpatient Pharmacy Supervisor, earned his PharmD degree at UCSF. He started his pharmacy career as an intern here at San Rafael Kaiser. He has since worked and managed outpatient, inpatient, ambulatory care service lines, and served as resident program director. His favorite aspects about his job include hospital pharmacy administration and being part of the residency program. Aside from his work, he is an active member of ASHP and global health mission organization. In his free time, he enjoys hanging out with his family, playing music, and traveling.

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Trasa Hung, PharmD

Dr. Hung, Outpatient Pharmacy Manager at San Rafael Main Discharge pharmacy, earned her PharmD degree from UCSF. She started her career as an Outpatient Pharmacy Manager in Petaluma. Dr. Hung is passionate about growing and connecting with others, pharmacy learners, and immediate coworkers to deliver on quality and service goals. In her free time, she enjoys exploring new hiking trails with family, trying new foods, and listening to international music.



Ali Azarpira, PharmD, PhD, AE-C

Dr. Azarpira, Ambulatory Care Pharmacist –Asthma and Procrit Management, earned his PharmD from Shiraz University of Medical Sciences. After working as a pharmacist in different settings, he pursued his career in organic chemistry (natural products chemistry). His favorite aspect of his job is working with patients and their families to have a meaningful impact on their health. Outside of work, he enjoys gardening, cooking, biking, hiking, and camping.



Jessica Liu, PharmD

Dr. Liu, Lead Ambulatory Care Pharmacist –Pain Management, specializes in care management for patients with chronic pain and end of life care. She earned her PharmD degree, PGY-1, and PGY-2 (pain and palliative care) training from University of Washington. Her work focuses on providing compassionate care, appropriate management of complex chronic pain conditions, developing individualized treatment plans, and monitoring opioid therapy. In her free time, she loves exploring the city with her husband, traveling, and eating all things.

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Michelle Castellones, PharmD, CDCES

Dr. Castellones, Ambulatory Care Pharmacist – PHASE (Preventing Heart Attacks and Strokes Everyday). Her work in the PHASE Program specializes in cardiovascular care management for patients with diabetes. She earned her PharmD degree from Touro University California and completed her PGY-1 residency training at Kaiser Permanente Napa Solano. She enjoys her role working with patients and providers providing individualized care focused on their personal and health goals. In her free time, she enjoys traveling, teaching music, and baking.



Shedrick Martin, PharmD, BCPP

Dr. Martin, Ambulatory Care Pharmacist – Psychiatry & Addiction Medicine, earned his PharmD degree from Mercer University College of Pharmacy in Atlanta, GA. He moved to California to complete both his PGY-1 in Acute Care and PGY-2 in Psychiatry at Scripps Mercy Hospital in San Diego, California. He has a passion for behavioral health and the education of patients and providers alike striving to create a world where mental health challenges are more visible and solutions are more tangible. He appreciates the collaborative nature of our team including psychiatrists, psychologists, social workers, and nurses at Kaiser San Rafael Psychiatry & Chemical Dependency. He enjoys traveling, spending time with friends & family, and golfing.



Adam Aboubakare, PharmD

Dr. Aboubakare, Ambulatory Care Pharmacist –Oncology and Endocrinology, earned his PharmD degree from the University of the Pacific in 2022 and completed his PGY-1 General Pharmacy Practice Residency at Kaiser Permanente San Jose Medical Center in 2023. His passion for oncology stems from advocating for patients and creating an environment where patients can understand and take control of their care. He has a strong interest in drug information and improving patient accessibility. In his downtime, he enjoys going to concerts, hanging out with friends, and watching anime.

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Andrew Lothrop, PharmD

Dr. Lothrop, Ambulatory Care Pharmacist –Pain Management, specializes in chronic pain. He earned his PharmD degree from the University of Maryland and completed his PGY-1 training at Kaiser Permanente San Rafael. His work extends to benefit the community overall by promoting appropriate and responsible prescribing of opioids. Aside from his daily work, he also enjoys mentoring pharmacy students and residents.



Mahsa Khorramdin, PharmD

Dr. Khorramdin, Ambulatory Care Pharmacy Supervisor, earned her PharmD degree at University of the Pacific California and completed her PGY-1 residency at Kaiser Permanente San Rafael. Currently, she oversees the oncology and infusion clinic and loves the collaborative work environment that strives to provide quality cancer care to our patients. Outside of work, she enjoys spending time at the beach, hiking around SF, and spending time with family and friends.



Kevin Ng, PharmD, BCPS

Dr. Ng, Ambulatory Care Pharmacist – PHASE, specializes in cardiovascular care management for patients with diabetes. He earned his PharmD degree from the University of Michigan. He enjoys working with patients and discovering what motivates them to lead healthy lives. He derives joy in helping his patients effect sustainable change that leads to improvement in their quality of life. Outside of work, he loves traveling the world and has also recently picked up SCUBA diving.

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Hamid Ameli, PharmD, BCPS, BCPP

Dr. Ameli, Ambulatory Care Pharmacist – Psychiatry, earned his PharmD degree from Western University of Health Sciences and completed his residency training in psychopharmacology at Touro University California. He has a passion for behavioral health with his focus being to help patients achieve better mental health and to manage their medication regimens to support emotional well-being. He appreciates the collaborative nature of our team including psychiatrists, psychologists, social workers, and nurses at Kaiser San Rafael Psychiatry. He enjoys cooking and trying new cuisines.



Pauline Aoki, PharmD, BCPS

Dr. Aoki, Inpatient Pharmacist – Critical Care medicine and Antimicrobial Stewardship, earned her PharmD degree at USC. Her favorite aspects about her job include working in a multidisciplinary environment and brainstorming optimal therapies for each patient with her colleagues. She is an active member of ACCP and SCCM. Aside from work, she enjoys co-leading the Women's Ministry at Tiburon Baptist Church and spending time with her family.



Odilia Chan, PharmD, BCPS

Dr. Chan, Inpatient Pharmacy Supervisor, earned her PharmD degree at University of Michigan – Ann Arbor. She started her career as an outpatient pharmacist, then an inpatient pharmacist, ICU/Infectious Diseases pharmacist, and Inpatient Pharmacy Supervisor. Her favorite aspect of her job is collaborating with others to provide high quality health care services for our patients. Outside of work, she loves spending time with family and friends, playing the piano, and traveling.

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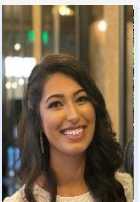
Shirley Heinemann, PharmD

Dr. Heinemann, Ambulatory Care Pharmacist - Hypertension, cross-covers Desktop Medicine/Pax and Heart Failure. She earned her PharmD at UCSF and completed her PGY-1 at the University of Illinois Chicago and PGY-2 in Ambulatory Care Administration at Stanford University. She has always had a particular interest in managing diabetes, hypertension, and cardiovascular risk reduction, and she enjoys what she does because she finds it rewarding when helping others. Outside of work, she is also a paddleboard instructor and enjoys traveling to paddling destinations.



Irene Romano, PharmD

Dr. Romano, Ambulatory Care Pharmacist – Heart Failure, cross-covers PHASE. She earned her PharmD at UCSF. She has always had an interest in management of chronic conditions such as diabetes, hypertension, and atherosclerotic heart disease with primary focus of lifestyle medicine approach in addition to medication management for reducing cardiovascular risk. She is an avid mountain biker, back packer, and hiker. If I am not working, you may find me out on the local trails.

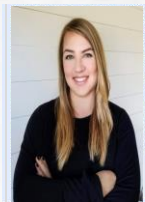


Naziha Hussain, PharmD

Dr. Hussain is a dedicated clinical pharmacist who earned her Doctor of Pharmacy degree from Touro University in 2018. She completed a general residency at Washington Hospital, where she laid a strong foundation in inpatient pharmacy practice. After three years in the inpatient setting, she transitioned to ambulatory care, where she has contributed her expertise across a range of specialized clinics including Desktop Medicine, the Paxlovid Clinic, and Transitions of Care. Outside of her professional life, she is an avid traveler with a love for exploring different cultures, enjoys long walks with her dog, and recently started learning how to play golf.

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Ashley Rivers, PharmD

She Dr. Rivers, Ambulator Care pharmacist – Desktop Medicine, cross covers TCP. She earned her PharmD at UCSF and completed her PGY-1 Residency training at Kaiser Permanente Napa Solano. She is passionate about helping others and strives to bring quality care to each patient she encounters. In her spare time, she enjoys spending time with family, reading, music, and sports.