

KAISER PERMANENTE



KERN COUNTY SERVICE AREA

**PGY1 Pharmacy Practice
Residency in the Ambulatory
Care Setting**

CONTACTS

Alexis Roy, PharmD, APh

Area Pharmacy Director
Residency Program Director
Email: Alexis.L.Roy@kp.org

Laura Lum, PharmD

Clinical Pharmacy Director
Residency Program Coordinator
Email: Laura.E.Lum@kp.org

James Reynolds, PharmD

Resident Pharmacist 2025-2026
Email: James.C.Reynolds@kp.org

Vanessa Ruiz, PharmD

Resident Pharmacist 2025-2026
Email: Vanessa.X3.Ruiz@kp.org

ADDITIONAL INFORMATION

For additional information, please
visit our website:

<https://pharmacyresidency.kaiserpermanente.org/>

and search for Bakersfield



QUALIFICATIONS

- Doctor of pharmacy graduate from an ACPE accredited institution or have a FPGEC certificate from the NABP
- Official transcripts, sent directly from the applicant's college or school of pharmacy
- Three letters of recommendation
- Letter of Intent
- Current Curriculum Vitae
- California Intern License obtained before start of residency program
- California pharmacist licensure obtained within 120 days of the program start date. If not licensed by then, their appointment may be extended for up to 45 days.
- Registered in the National Matching Services, Inc. (NMS)

DATES TO REMEMBER

- **November 10, 2025** – Virtual Residency Showcase at 12p.m. PST (Additional information on website)
- **January 5, 2026** – Application due on ASHP PhORCAS service
- **Late January 2026** – Interviews
- **Early March 2026** – Deadline for residency ranking





ABOUT KERN

Providing care for over 119,000 members, the Kern County Service Area, based out of Bakersfield, consists of nine medical office buildings, five outpatient pharmacy locations, an infusion pharmacy, and an affiliated 255-bed hospital. The Kern County Service Area employs over 200 physicians, over 100 pharmacy staff, and over 1,100 total employees, providing the familiarity of a smaller medical center setting with the resources and opportunities of a large organization. Nearly 80% of residents stay on with Kaiser Permanente as ambulatory care pharmacists after completing their PGY1.

Bakersfield is the fastest growing city among the top 10 largest cities in California, largely due to its affordability, diversity, and location. Bakersfield's layout makes it easy to get around, with most places just a short drive away. Local activities include relaxing by Lake Isabella, exploring beautiful hiking trails, rafting down the Kern River, discovering unique museums, and experiencing fine Basque cuisine. Additionally, many fun activities are located within a two-hour drive, including beaches, amusement parks, Sequoia National Park, and Los Angeles.

LEARNING EXPERIENCES

CORE ROTATIONS

- Advanced Care (4 weeks)
- Complete Care Management (6 weeks)
- Heart Failure (5 weeks)
- Home Infusion (4 weeks)
- Medication Therapy Management (6 weeks)
- Orientation (3 weeks)
- Oncology/Infusion (10 weeks)
- Outpatient (4 weeks)
- Precepting (3 weeks)

ELECTIVE ROTATIONS

- Healthy Bones (4 weeks)
- Inpatient (4 weeks)
- Renal (4 weeks)
- Transitions of Care (4 weeks)

Discuss other options with Residency Program Coordinator

LONGITUDINAL ROTATIONS

- Drug Use Management/Drug Information*
- Leadership
- Project

*Dependent on availability, Drug Information may also be done as a 3-week core rotation

OTHER EXPERIENCES

- Journal Clubs
- Preceptor Development
- Leadership Development
- P&T (Pharmacy & Therapeutics)
- Patient Case Presentations

CLINICAL SERVICES

Advanced Care

The pharmacist conducts comprehensive medication reviews for patients with complex chronic medical, social, and medication needs and/or at high risk for hospital admission. The pharmacist may initiate, adjust, or discontinue medications as needed to improve therapeutic outcomes.

Complete Care Management

The pharmacist works with patients requiring complex medication-related interventions secondary to CVD (Diabetes, Hypertension, Cholesterol). The pharmacist performs a complete medication assessment and provides patient education to members.

Heart Failure

The pharmacist follows patients hospitalized for HF in the Transitional Care Program (TCP) and works with the hospital discharge pharmacist to contact patients post discharge. The pharmacist conducts a full medication reconciliation and will perform medication titrations to optimize outcomes and may also order a flexible diuretic plan and intravenous diuretics to prevent ER visits and hospitalization.

Home Infusion

The pharmacist performs medication reviews, patient education, assistance with TPN, antibiotic therapy optimization, and management of drug levels.

Medication Therapy Management

The MTM program's goal is to optimize drug therapy outcomes through improved medication use. The pharmacist performs a comprehensive medication review.

Oncology/Infusion

The pharmacist oversees the sterile preparation of intravenous chemotherapy and other infusion products. In addition, the pharmacist works under a collaborative practice agreement to manage medications for patients on oral chemotherapy and/or with chemotherapy-induced nausea/vomiting.