

KAISER PERMANENTE SAN RAFAEL MEDICAL CENTER

Meet Our Preceptors 2026-2027



Bryan Sandlund, PharmD

[Residency Program Director](#) | [Clinical Pharmacy Director](#)

Dr. Sandlund earned his PharmD and completed his PGY-1 training at UCSF, where he subsequently worked in Orthopedics Pharmacy specializing in post-surgical pain management prior to joining Kaiser Permanente in 2016. Dr. Sandlund worked as a staff pharmacist in Transitional Care Pharmacy, Drug Use Management (DrUM), and Oncology prior to becoming the Oncology Supervisor, where he took on the role of PIC for the Infusion Pharmacy. More recently, he has stepped into the position of Clinical Pharmacy Director, overseeing the Ambulatory Pharmacy Clinics in Marin and Southern Sonoma Counties. He has a broad degree of pharmacy interests, but outside of work, he enjoys cooking, hiking, SCUBA diving, snowboarding, and on most days, parenting.



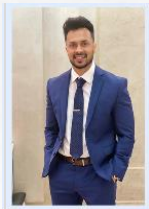
Stephanie Hanton, PharmD, APh

[Residency Program Coordinator](#) | [Drug Education Coordinator](#)

Dr. Hanton earned her PharmD degree from UCSF back in the 1990's. She particularly enjoys her roles at Kaiser Permanente San Rafael due to the breadth and variety of work. She is especially fond and proud of the team of professionals she is privileged to spend her time with. She has a strong interest in mentoring students, residents, and new pharmacists, as she finds it rewarding to see them grow and become successful. She is passionate about learning something new every day and problem-solving to keep her work fascinating! In her free time, she enjoys spending time with her family, walking the hills of San Francisco with her chihuahua and partner, eating ice cream, traveling, and listening to podcasts.

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Omar Ahmed, PharmD, BCPS

[Ambulatory Care Pharmacy Supervisor](#)

Dr. Ahmed earned his PharmD degree from Marshall University School of Pharmacy and completed his pharmacy residency at Cabell Huntington Hospital. Currently, he oversees various clinics, including Desktop Medicine, Medication Therapy Management (MTM), Psychiatry, Pain Management and Geriatrics. In his spare time, he enjoys hiking, exercising, exploring new destinations, and spending time with family and friends.



Restie Crisologo, PharmD, BCPS

[San Rafael Area Pharmacy Director](#)

Dr. Crisologo earned his PharmD degree from UOP, completed his Pharmacy residency training at VA Long Beach, and BCPS in 2008. Dr. Crisologo started his career as a Hospital Pharmacist, then worked as an ID Pharmacist, Pharmacy Supervisor, and Inpatient Pharmacy Director. One of his favorite aspects of his job includes collaborating with others to optimize healthcare outcomes for our members and community. In his spare time, he enjoys lifting weights, hiking, and listening to 80's music.



Mahsa Khorramdin, PharmD

[Ambulatory Care Pharmacy Supervisor](#) | [Oncology and Infusion](#)

Dr. Khorramdin earned her PharmD degree at University of the Pacific California and completed her PGY-1 residency at Kaiser Permanente San Rafael. Currently, she oversees the oncology and infusion clinic and loves the collaborative work environment that strives to provide quality cancer care to our patients. Outside of work, she enjoys spending time at the beach, hiking around SF, and spending time with family and friends.

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Odilia Chan, PharmD, BCPS

[Inpatient Pharmacy Supervisor](#)

Dr. Chan earned her PharmD degree at University of Michigan – Ann Arbor. She started her career as an outpatient pharmacist, then an inpatient pharmacist, ICU/Infectious Diseases pharmacist, and Inpatient Pharmacy Supervisor. Her favorite aspect of her job is collaborating with others to provide high quality health care services for our patients. Outside of work, she loves spending time with family and friends, playing the piano, and traveling.



Trasa Hung, PharmD

[Outpatient Pharmacy Manager | San Rafael Main Discharge Pharmacy](#)

Dr. Hung earned her PharmD degree from UCSF and started her career as an Outpatient Pharmacy Manager in Petaluma. She is passionate about growing and connecting with others, pharmacy learners, and immediate coworkers to deliver on quality and service goals. In her free time, she enjoys exploring new hiking trails with family, trying new foods, and listening to international music.



Jessica Liu, PharmD

[Ambulatory Care Pharmacist | Pain Management](#)

Dr. Liu specializes in care management for patients with chronic pain and end of life care. She earned her PharmD degree, PGY-1, and PGY-2 (pain and palliative care) training from University of Washington. Her work focuses on providing compassionate care, appropriate management of complex chronic pain conditions, developing individualized treatment plans, and monitoring opioid therapy. In her free time, she loves exploring the city with her husband, traveling, and eating all things.

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Michelle Castillones, PharmD, CDCES

[Ambulatory Care Pharmacist](#) | [PHASE \(Preventing Heart Attacks and Strokes Everyday\)](#)

Dr. Castillones earned her PharmD degree from Touro University California and completed her PGY-1 residency training at Kaiser Permanente Napa Solano. Her work in the PHASE Program specializes in cardiovascular care management for patients with diabetes. She enjoys her role working with patients and providers providing individualized care focused on their personal and health goals. In her free time, she enjoys traveling, teaching music, and baking.



Shedrick Martin, PharmD, BCPP

[Ambulatory Care Pharmacist](#) | [Psychiatry & Addiction Medicine](#)

Dr. Martin earned his PharmD degree from Mercer University in Atlanta, GA and completed both his PGY-1 in Acute Care and PGY-2 in Psychiatry at Scripps Mercy Hospital San Diego. He has a passion for behavioral health and the education of patients and providers alike striving to create a world where mental health challenges are more visible and solutions are more tangible. He appreciates the collaborative nature of our team including psychiatrists, psychologists, social workers, and nurses at KP San Rafael Psychiatry & Chemical Dependency. He enjoys traveling, spending time with friends & family, and golfing.



Adam Aboubakare, PharmD

[Ambulatory Care Pharmacist](#) | [Oncology and Endocrinology](#)

Dr. Aboubakare earned his PharmD degree from the University of the Pacific in 2022 and completed his PGY-1 at Kaiser Permanente San Jose in 2023. His passion for oncology is to create an environment where patients can understand their chemotherapy and take control of their care. He has a strong interest in drug information, improving patient accessibility, and developing workflow enhancements. He enjoys fashion, going to concerts, hanging out with friends, traveling spontaneously, and watching anime.

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Andrew Lothrop, PharmD

[Ambulatory Care Pharmacist](#) | [Pain Management](#)

Dr. Lothrop earned his PharmD degree from the University of Maryland and completed his PGY-1 training at Kaiser Permanente San Rafael. He specializes in chronic pain, and his work extends to benefit the community overall by promoting appropriate and responsible prescribing of opioids. Aside from his daily work, he also enjoys mentoring pharmacy students and residents.



Mitra Najmi, PharmD, APh, BCPS

[Ambulatory Care Pharmacist](#) | [Weight Management Clinic](#)

Dr. Najmi earned her PharmD degree from Touro University California and completed her PGY-1 residency at Lifelong Medical Care/Touro University California. She enjoys working in a collaborative work environment and value establishing enduring relationships with her patients, their caregivers, and fellow healthcare providers. She loves watching movies, hiking, and exploring different travel destinations in her leisure time.



Kevin Ng, PharmD, BCPS

[Ambulatory Care Pharmacist](#) | [PHASE \(Preventing Heart Attacks and Strokes Everyday\)](#)

Dr. Ng specializes in cardiovascular care management for patients with diabetes. He earned his PharmD degree from the University of Michigan. He enjoys working with patients and discovering what motivates them to lead healthy lives. He derives joy in helping his patients effect sustainable change that leads to improvement in their quality of life. Outside of work, he loves traveling the world and has also recently picked up SCUBA diving.

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Hamid Ameli, PharmD, BCPS, BCPP

[Ambulatory Care Pharmacist](#) | [Psychiatry](#)

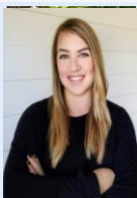
Dr. Ameli earned his PharmD degree from Western University of Health Sciences and completed his residency training in psychopharmacology at Touro University California. He has a passion for behavioral health with his focus being to help patients achieve better mental health and to manage their medication regimens to support emotional well-being. He appreciates the collaborative nature of our team including psychiatrists, psychologists, social workers, and nurses at Kaiser San Rafael Psychiatry. He enjoys cooking and trying new cuisines.



Pauline Aoki, PharmD, BCPS

[Inpatient Pharmacist](#) | [Critical Care Medicine and Antimicrobial Stewardship](#)

Dr. Aoki earned her PharmD degree at USC. Her favorite aspects about her job include working in a multidisciplinary environment and brainstorming optimal therapies for each patient with her colleagues. Dr. Aoki is an active member of ACCP and SCCM. Aside from work, she enjoys co-leading the Women's Ministry at Tiburon Baptist Church and spending time with her family.



Ashley Rivers, PharmD

[Ambulatory Care Pharmacist](#) | [Desktop Medicine, TCP](#)

Dr. Rivers earned her PharmD at UCSF and completed her PGY-1 Residency training at Kaiser Permanente Napa Solano. She is passionate about helping others and strives to bring quality care to each patient she encounters. In her spare time, she enjoys spending time with family, reading, music, and sports.

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Shirley Heinemann, PharmD, APh, CDCES, BCACP

[Ambulatory Care Pharmacist](#) | [Hypertension, Desktop Medicine/Pax, PHASE](#)

Dr. Heinemann earned her PharmD at UCSF and completed her PGY-1 at the University of Illinois Chicago and PGY-2 in Ambulatory Care Administration at Stanford University. She has always had a particular interest in managing diabetes, hypertension, and cardiovascular risk reduction, and she enjoys what she does because she finds it rewarding when helping others. Outside of work, she is also a paddleboard instructor and enjoys traveling to paddling destinations.



Irene Romano, PharmD

[Ambulatory Care Pharmacist](#) | [Heart Failure, PHASE](#)

Dr. Romano earned her PharmD at UCSF. She has always had an interest in management of chronic conditions such as diabetes, hypertension, and atherosclerotic heart disease with primary focus of lifestyle medicine approach in addition to medication management for reducing cardiovascular risk. She is an avid mountain biker, back packer, and hiker. If I am not working, you may find me out on the local trails.